

The Association for the Study of Dreams welcomes you to Santa Cruz, California for 2001: A Dream Odyssey *Eighteenth Annual International Dream Conference*

Welcome to Santa Cruz and the 2001 International Conference of the Association for the Study of Dreams. ASD is the world's only international, multidisciplinary society devoted exclusively to the study of dreams.

This year's program has many special features. Clustering primarily on Friday, Saturday and Sunday is a comprehensive overview of clinical, theoretical and biological approaches to nightmares. This mini-course on nightmares offers continuing education credits. Additional cluster themes are noted at the beginning of each day's events in the program. For example, multiple presentations on long-term dream journals are offered on Wednesday, clusters on cross-cultural issues and on PSI and lucid dreaming are offered on Friday.

This year's Computer Café was organized by Scott Hughes with help from the ASD E-Committee including Richard Wilkerson, Jean Campbell and others. The Computer Café is in the College 8 Café, where participants can sign up for one of ASD's Electronic Study groups, try out dream interpretation computer programs, communicate with dream enthusiasts around the world, and participate in online events, broadcasts and world-wide discussions. Check the schedule for featured open house times and for world broadcasts and chats.

The ASD membership meeting on Thursday morning will focus on educating and orienting members, new and old, to the activities of our association, and recruiting members to participate in a wide variety of projects. Discussions about ASD projects will continue in focus groups during the Thursday lunch break.

On Thursday afternoon, a lighter schedule is offered so attendees may partake of activities on or off campus. Please see the information included in your registration packet for details on activities offered, as well as information on downtown Santa Cruz and environs. For those desiring an orga-

nized hike, Alan Siegel will offer another dream-foraging hike to the Pogonip Pool of Wonder in the nearby nature preserve adjoining the campus.

Don't miss the Art Exhibit Reception Wednesday at 4:30 in the Porter College Bridge Gallery. On Wednesday evening, Arts Chair Richard Russo will present a slide show and discussion of some of the works of art in the exhibit.

New this year is our Dream Video Festival which begins on Wednesday and runs all day Saturday and Sunday. Videos will include well-known favorites such as the PBS version of *The Lathe of Heaven* and the Discovery Channel's 3-hour special, *The Power of Dreams*. Newer titles include *Appointment With the Wise Old Dog* and the HBO Special, *Goodnight Moon and Other Sleepy Time Tales*. Check the schedule and drop in when it is convenient to see your favorite dream video.

For those seeking CE credits make sure to pay for your CE packet and get your attendance at each event certified by a room monitor. See more detailed information inside this program and in the separate CE packet.

Wear your name tags every day so we can get to know each other and monitors can check them. Communication, community, and making connections are often some of the finest gifts that people take away from an ASD conference. The planning committee, volunteers, board members, officers, and past presidents will all be wearing special tags. Volunteers have badges with ribbons on them. If you need help or have questions, please seek out a volunteer. Talk to us and tell us how the conference is going for you!

CAVEAT DREAMER: Don't try to do everything! There are typically four or five events going on simultaneously and you'll also want some down time to make new friends and renew old connections, drink in the delicious ocean views and watch the deer dance through the redwoods on campus.

Welcome to ASD-XVIII and Sweet Dreams!

2001 ASD Conference Planning Committee

See the Onsite Planning Committee on page two.

Veronica Tonay, Ph.D., <i>Conference Host</i>	Proposal Reviewers, Mark Blagrove, Ph.D, Johanna King, Ph.D., Rita Dwyer, and Veronica Tonay, Ph.D.
Alan Siegel, Ph.D., <i>Program Chair</i>	Advertising and Editing, Jean Campbell
Scott Hughes, <i>Computer Café Chair</i>	Editing and General Support, Rita Dwyer
Richard Russo, M.A., <i>Arts Chair</i>	ASD Central Office, Sue Moreno
Richard Wilkerson, M.A., <i>ASD Web Manager</i>	Catherine Campaigne, <i>Graphic Designer</i>

Conference Overview

Art Reception

This year's conference features an exhibit of dream-inspired art in the Porter College Bridge Gallery. A wine and cheese reception for the artists will be held at the gallery on Wednesday, 4:30–6:00. Please check at the gallery for open hours.

Bookstore

The ASD Dream Bookstore, graciously provided and staffed for us by the UCSC Bay Tree Bookstore, will be in the College 8 Café. Please check the sign on the door for open hours!

Computer Café

The Computer Café, located in the College 8 Café, is a drop-in place for attendees, offering a menu of dream-related educational opportunities available on the internet. Check the program for scheduled café events, and feel free to drop by during open hours to browse the internet or check your e-mail! The Café will be open Tuesday, 2:00–6:00, Wednesday–Friday, 11:00–7:00, and Saturday, 10:00–4:00.

Dining

Meals are included with lodging for those staying on campus, and are available to others for \$6 to \$8 per meal. Other campus and off-campus dining options can be found at the Information Table and in your registration packet.

Dream Masquerade Ball

We are offering free face painting prior to the ball on Saturday. Spaces are limited; please sign up Saturday at the Information Table. A list of costume ideas and locations for obtaining supplies can be found in your registration packet. Our band is Estradasphere, who will provide plenty of surprises. All registrants are welcome! The ball begins at 8:30, but we may start a little late (we will be inside decorating). See you at the Porter Dining Hall on Saturday night!

Information Table

If you have any questions, please visit the Information Table, located outside the College 8 Café, which is open Wednesday, 8:30–2:00; Thursday–Saturday, 9:00–12:00; and Sunday, 1:30–3:30. A board will be provided there for telephone messages, program updates, and announcements. The UCSC Conference Services Office (CSO) at College 8 (Apt. Bldg. 2, Apt. #2107) can also provide routine information and services. Please do not ask College 8 or Porter College staff for help! Thank you!

Emergency Contact Numbers

If you are not staying on campus, emergency messages may be left for you at the conference toll-free hotline, 1-866-DREAM12. If you are staying on campus, emergency messages may be left for you at 831/459-2611 (7:00 PM–10:00 PM) or 831/459-4861 (after 10:00 PM). Please note these numbers are for emergencies only.

Keys and Meal Cards

Please return your room key and meal card to the Conference Services office before you leave, or you will be charged. Name tags must be worn to gain entrance to all events! Conference planning committee, volunteers, press, and the ASD Board of directors and officers, including president and past presidents, will have color-coded ribbons attached to their name tags to aid in identification. "First-time attendee" ribbons will be available at registration for those who wish to wear them; please extend a welcome to first-timers when you meet them!

Parking

Please park in marked spaces. Campus police will issue tickets to those improperly parked. Permits not needed on weekends.

Recreation

Use of locker rooms, pools, tennis courts, weight rooms, and dance room costs \$5.00/day, payable at the West and East field houses (see information in your registration packet or Information Table or CSO).

Smoke-free Environment

The State of California mandates that smoking is not allowed in state-owned buildings and public areas. Each meeting area has a designated smoking section outside.

Transportation

Two campus shuttles circle the campus every 10 minutes during the day and every 20 minutes during the evening. Santa Cruz Metro buses circle the campus every 15 minutes. Routes and schedules are listed at the bus stops. More information is available at the Information Table and CSO.

Workshops

The daily morning dream groups and four different workshop have sessions on multiple days. Some have two, three, or four parts. Workshop leaders may require that you attend the first meeting to attend subsequent meetings. All leaders must agree to follow the ASD ethics statement.

Thank You, Onsite Planning Committee!

The Onsite Planning Committee consists of the following UCSC students, each of whom volunteered over 50 hours to help ASD plan its 18th Annual Conference. Without them, this conference would not be happening.

They are wearing green ribbons; *please thank them!*

Onsite Publicity Liaison, Volunteer Coordinator: **Rosalyn Adams**

Activities Committee, Bookstore Liaison: **Shanta Bodhan**

Dream Ball Committee, Activities Committee: **Casie Casados**

Airport Transportation, Dream-sharing Breakfasts,

Expert Lunches: **Adam Cotton**

Freda Hughes: Publicity, Disability Requests

Ami Lieberman: Computer Café, Hotline

Meredith Schanzlin: Kids' Day, Hotel List

Mira Scherr: Art Gallery, Kids' Day, Hotline

Sirina Warfel: Pre-conference Set-Up

Continuing Education (CE) Credits

Dream Studies Continuing Education Program

For professionals and researchers in the mental health, health, and education fields, designated parts of the conference will offer ASD Dream Studies Credits. There are over 100 separate events during the five-day conference. You may attend any event during the conference, but only selected events are eligible for Dream Studies CE credits. CE events are often one or two of four or five simultaneous tracks going on. To determine which events are eligible for CE Credits, look for the CE and/or MCEP boxes in this program (**CE** **CE, MCEP**).

Parts of the conference which are eligible for CE credits are shaded in the centerfold schedule grid.

Information pertinent to California MFT AND LCSW Psychotherapists:

Earn up to a maximum of 30 CE HOURS (BBSE) July 11 to 15, 2001. Please note that MFT and LCSW therapists can pick as many or as few CE units as they wish as long as they sign in and sign out for the specific events they attend. Each hour of attendance equals one CE unit.

Information pertinent only to California Psychologists: Earn 15 hours (MCEP) from Friday evening, July 13 at 7:00 PM, through Sunday, July 15, at 3:00 PM. Psychologists must attend 15 hours of MCEP courses July 13 through 15, or they will receive NO credit at all toward license renewal. Events give hour-for-hour credit (i.e., a two-hour session translates into 2 CEs). Although 15 is the maximum MCEP unit total, if you miss something on Friday evening, Saturday, or Sunday, you can still get the full MCEP units if you attend videos offered during lunch on Saturday and Sunday. (If you attend the conference on Wednesday and/or Thursday, there are a few MCEP approved events on those days as well. You may want to go through your program before the conference starts to map out which 15 hours of MCEP events you will attend.)

Instructions for Obtaining CE Credits For Psychologists, LCSWs, and MFTs:

1. If you haven't already, pay your \$10.00 CE fee at registration or the Information Booth (open 8:30 AM to 2:00 PM daily) to purchase a CE Credit Log Booklet. You will not receive any credits without this booklet. Please use the CE Booklet as the ultimate authority, as it may have last-minute changes that occurred after this program was printed.
2. During each CE event you attend, fill out the evaluation questions that pertain to that event.
3. Before you leave each CE event, ask that event's room monitor to initial your log, included in the CE Log Booklet.

4. Before you leave your last CE event of the conference, give the entire stapled CE Credit Log Booklet to the room monitor at the last CE event you attend.

5. Ask the room monitor to tally your credits and fill in the certificates on the two last pages of the Booklet. Detach the second courtesy copy of the certificate to take with you. **No other copy of the certificate will be sent to you.**

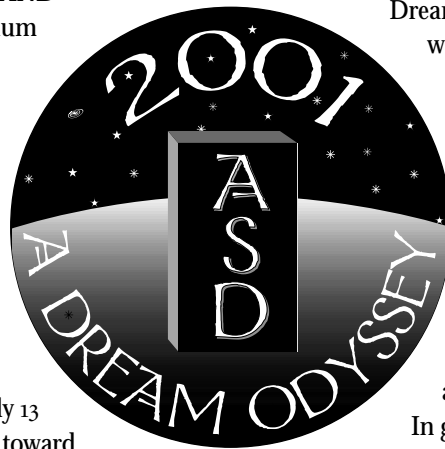
More Information On CE Credit Certificates at the ASD Conference

Certificates will be issued for successful completion of Dream Studies Continuing Education (CE) hours, which will provide you with a permanent record of training that may be applicable for insurance panels, hospital staff status, or independent studies credit at educational institutions. Please keep in mind that each state and the licensing board of each profession may have different requirements. CE credits are not synonymous with any kind of academic credit. However, they may become part of an independent study if your academic institution agrees to accept the credit.

In general, CE hours can provide a permanent record of what training you have received for varied professional purposes. ASD cannot guarantee that any particular license board will accept the credits obtained at this conference, except for BBSE and MCEP in California.

ASD will maintain records of your CE attendance. We will issue you a certificate at the end of the conference when you have completed all evaluation forms and had your attendance log checked by the monitors. If you do not have your credits checked by monitors during the conference and tallied at the end of the conference, you will not receive credit. We will not mail you a certificate unless you request one and we can only grant one if you have followed all procedures listed above. There is a \$25.00 handling fee if you request that ASD re-issue a certificate. If you have suggestions or comments about these programs or the ASD CE credit program, please contact ASD CE Chair, Alan Siegel, Ph.D. at e-mail: Dreamsdr@aol.com or ASD Central office at e-mail: asdcentraloffice@aol.com.

REMEMBER: Events that are not designated for CE will not count toward your total credits. You must have a monitor initial each event you attend and turn in your completed CE Credit Log Booklet at the end of the conference to receive your certificate at that time.



Dream Odysseys

THE 2001 ASD DREAM ART EXHIBITION

July 10–15, 2001

Porter Gallery

University of California, Santa Cruz

Participating Artists

Corinne Adams

Clyde Anthony

Kim Birdsong

Fariba Bogzaran

Nancy Richter Brzeski

Marsha Connell

Betsy Davids

Brenda Ferrimani

Carolyn Frances

Sylvia Colette Gehres

Alissa Goldring

Nora Howard

Elaine Langerman

Jane Maxfield

Patricia Myers

Victoria Rabinowe

Diane Rusnak

Richard Russo

Genie Shenk

Marion Silverbear

Marcia Stafsky

Lynda Ann Tish

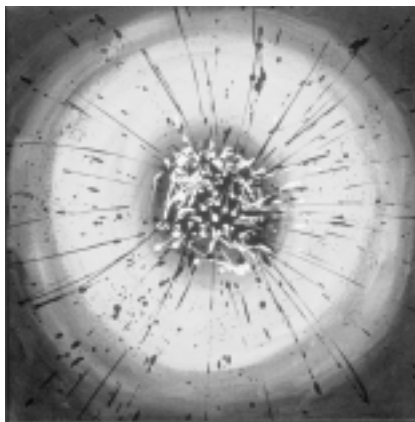
Maria Volchenko

Anna Willieme

Betsy Wood



Marsha Connell, *Dream Vessels #102: Exposure* (collage/print)



Fariba Bogzaran, *Hypnolight I (Masa Confusa)*
(acrylic)



Carolyn Frances *Child of Ancient Dream* (pulp/epoxy, fabric, acrylic)

Curated by Richard Russo, Chair, ASD Arts Committee

Advisory Jurors: Betsy Davids & Diane Rusnak

Thanks also to: Deborah Hickey, Marsha Connell, Mira Scherr

Please see postings at the information desk and the art room for further information about gallery hours.

Conference Program of Events

TUESDAY JULY 10

1:00–5:00 College 8 Room 201
ASD BOARD OF DIRECTORS' MEETING

3:00–5:00 College 8 Café
CONFERENCE REGISTRATION

2:00–6:00 College 8 Café
OPEN HOUSE: CYBERDREAMING COMPUTER CAFÉ

6:00–9:00 College 8 Patio
OPENING BUFFET AND RECEPTION

WEDNESDAY, JULY 11

Themes For Wednesday

Long-Term Dream Journals, Current Dream Research, Dreams and the Expressive Arts

7:30–8:30 **BREAKFAST** COLLEGE 8 DINING HALL

7:30–8:30 College 8 Dining Hall
DAILY MORNING DREAM GROUPS
Attendance required at initial meeting.

8:45–9:00 College 8 (Outside the Café)
GREETING AND CONFERENCE OVERVIEW
Alan Siegel, Ph.D., 2001 Program Chair

DREAM WORKSHOP

9:15–10:45 Porter College, Fireside Lounge
PRACTICAL DREAMWORK (PART 1 OF 3)
JULY 11, 12, AND 13
Robert Bosnak, J.D.

Practical dreamwork is based on principles first developed by Jung in his work on alchemy. By using a variety of body-oriented techniques, practical dreamwork allows the dreamer to flashback into the dream experience and relive the dream in a hypnagogic state of consciousness. By working on dreams in this way, personal as well as archetypal, emotional and physical elements are uncovered. This technique has been used in psychotherapy, psychosomatics, and in work with patients suffering from severe physical illness. It has also been used effectively to enhance the work of actors, directors, visual artists and writers.

RESEARCH PAPER

9:15–10:45 Porter 148 **CE**
NIGHTMARES AND THE 2000 PRESIDENTIAL ELECTION
Kelly Bulkeley, Ph.D.

This paper presents research on dreams during and after the historic 2000 presidential election and discusses new data on the differences in the dream content of Republicans and Democrats. The dreams reflect, in both humorous and disturbing ways, the emotional turmoil people experienced in response to the election.

EXPRESSIVE ARTS WORKSHOP

9:15–10:45 College 8 Room 250 **CE**
TRACKING COHERENCE IN DREAMS AND LIFE:
A JOURNALING ROUNDTABLE (PART 1 OF 2)
JULY 11 AND JULY 15
Gloria Sturzenacker and Cynthia Pearson

To learn from one another how best to manage our dream records and share the astonishing coherences we find there, participants will review their journals at the beginning and end of the conference to report and reflect on the synchronicities that are so often observed but rarely documented.

FOCUSSED DISCUSSION GROUP

9:15–10:45 College 8 Room 240 **CE, MCEP**
NEW IDEAS IN THE STUDY OF DREAMING
James Pagel, M.D. and Ross Levin, Ph.D.

Limited Workshop (20). Dreaming is a subject open to study by individuals coming from many different backgrounds and perspectives. First-time researchers or individuals from other areas new to the field interested in studying dreams are offered the chance for a short presentation of their ideas in a supportive environment. Drs. Pagel and Levin and other

established researchers in the field who choose to attend will offer feedback on study methodology and design.

DREAM WORKSHOP

9:15–10:45 College 8 Room 201

DREAMWORK/BODYWORK

Jean Campbell

In DreamWork/BodyWork, we learn to listen to the emotional messages given to us by the body when we “walk through” the dream. We learn to under-*stand*, quite literally, by determining how we stand. When we learn to listen to the body, we begin to make the unconscious conscious. Come dressed in comfortable clothing

PRESIDENTIAL ADDRESS**CE, MCEP**

11:00–12:00 Performing Arts M110

PERSONALITY AND WAKING INFLUENCES ON DREAMING, LUCID DREAMING, AND NIGHTMARES

Mark Blagrove, Ph.D., ASD President, 2001–2002

This presentation describes work on the effects of waking events and personality on lucid dreams and also nightmares. Reports from the medical literature of the time concerning the nightmares of shell-shock victims during World War I will be used to illustrate the effects of severe trauma on dreams. Also discussed will be the relevance to ASD and to the study of dreaming, of current research on consciousness, and sleep.

EVENT

12:00–1:00 College 8 Dining Hall

LUNCH WITH THE EXPERTS

Have lunch with your favorite dream expert. See registration packet or handout for details.

12:00–1:00

LUNCH

COLLEGE 8 DINING HALL

RESEARCH PAPER**CE, MCEP**

1:00–2:15 College 8 Room 250

THE BIOLOGY OF DREAMING -CANCELLED**RESEARCH PAPER****CE**

1:15–2:15 College 8 Room 240

EXOTIC DREAMS

Stanley Krippner, Ph.D.

A collection of 1,666 dream reports from workshops given in six countries (Argentina, Brazil, Japan, Russia, Ukraine, United States) was investigated. “Exotic” elements were identified, e.g., dream reports that contained content indicating that they were

purportedly creative, lucid, out-of-body, past life, telepathic, precognitive, clairvoyant, visitation. Russian reports contained more “exotic” elements than those from other countries.

Examples from all six countries will be given, and the cultural context of the dreams will be explored and contrasted.

RESEARCH PAPER**CE, MCEP**

1:15–2:15 Performing Arts M110

PERSONALITY AND PSYCHOPATHOLOGICAL CORRELATES OF CONTEXTUALIZING IMAGES IN DREAMS

Ross Levin, Ph.D. and Ernest Hartmann, M.D.

A contextualized image (CI) is a powerful central image in a dream which provides a picture-context for the dominant emotion of the dreamer. This study examined the personality, psychopathological and psychological testing correlates of CI's in a community-based sample of 400 respondents.

DREAM VIDEOS**CE**

1:15–2:15 College 8 Room 201

GOODNIGHT MOON AND OTHER SLEEPY TIME TALES (HBO VIDEO)

Alan Siegel, Ph.D.

The mesmerizing HBO prime-time special, *Goodnight Moon and Other Sleepy Time Tales*, features full animations of the beloved children's books, *Goodnight Moon* and *Tar Beach*, plus narration by Billy Crystal and Susan Sarandon and an original score with lullabies and songs sung by Tony Bennett, Natalie Cole, Aaron Neville, Lauryn Hill and Patti Labelle. Apart from the narration, no adults appear in the video—only kids talking about dreams. The *Goodnight Moon* video won an Emmy, Peabody, Directors' Guild and Parents' Choice awards. Alan Siegel was creative consultant to *Goodnight Moon*.

NIGHTMARE FUN: DR. SEUSS' THE 5,000 FINGERS OF DR. T

Bernard Welt, Ph.D.

The 5,000 Fingers of Dr. T, Dr. Seuss' only live-action film, is an under-appreciated example of the dream/nightmare quest, through its fantastic imagery celebrating the spontaneous imaginative power whereby children discover both autonomous selfhood and a means of reconciliation to adult authority.

CLINICAL WORKSHOP**CE, MCEP**

2:30–4:30 College 8 Room 201

FROM DREAM TO DREAMER AND FROM DREAMER TO DREAM (PART 1 OF 2—JULY 11 AND 12)

CANCELLED

EXPRESSIVE ARTS WORKSHOP

2:30–4:00 Porter College Fireside Lounge

DREAM COLLAGES: CREATING A LANDSCAPE OF THE PSYCHE

Veronica Tonay, Ph.D.

Using a recurrent or numinous image from a recent dream, participants will be guided in creating a collage of the image which most thoroughly expresses its feeling and meaning to the dreamer. We will then work with transformations of the dream image through external artistic production to deepen the dreamer's understanding of the image. Materials provided.

RESEARCH SYMPOSIUM**CE**

2:30–4:30 Performing Arts Room M110

NEW DIRECTIONS IN DREAM RESEARCH**How Different Are Men's and Women's Dreams?**

David Kahn, Ph.D.

Eighteen women and 17 men were asked to provide their dream reports over a two-week period and to answer specific questions in a dream report log. The 35 subjects submitted 320 dream reports. Differences in feelings evoked in men and women did not reach statistical significance. The results support the hypothesis that gender does not significantly influence the feelings that are evoked by our dream characters.

Dream Content and Orientation

Philip King, Ph.D. (Chair)

600 dreams from 100 subjects were content-analyzed. Correspondences were tested between dream content categories (e.g., emotions) and dream orientation factors (e.g., discussing dreams). Associations among dream content categories previously treated separately were investigated, as were computerized word searches, as a way of approximating results obtained from dream content coding.

Correlates of Dream Telling and Listening

Mark Blagrove, Ph.D.; Jenny Clark; and Bethan Rees

Boundariness is a correlate of dream recall frequency. We correlate boundariness and happiness with the frequency of telling dreams, and of listening to dream reports. These variables are then related to frequency of telling, or listening to, film reports, in order to generalize the boundariness/dream recall correlation.

Problem-Solving Using Dream Incubation: Dreaming or Cognitive Effort?

Gregory White, Ph.D. and Laurel Taytroe

A randomized experimental design was used to assess efficacy of two types of problem-solving: either dream incubation or cognitive-analysis. These were practiced just before sleep or after waking on solving a moderately distressing personal problem. Measures included daily mood, dream report, and problem-solving effort, insight, and success.

Analyzing the Theories of Hobson vs. Solms

Harry Fiss, Ph.D.

Mark Solms has reported clinical-anatomical evidence that demonstrated that dreaming and REM sleep are controlled by different brain mechanisms. It will be shown that for the past 35 years many distinguished researchers have presented and published data as unequivocal as Solms; yet they were largely ignored by the scientific community for one reason only: they were psychological rather than biological in nature.

PANEL DISCUSSION**CE**

2:30–4:30 College 8 Room 252

STARTING A PROFESSIONAL DREAMWORK PRACTICE

Reverend Jeremy Taylor, D.Min., S.Th.D. (hon); Kim Birdsong, M.A.; Kate Kelley, M.S., M.F.T.; Leslie Perkins, M.A.; Barbara Leake, M.A., R. N.; Vera Lind, M.A., M. Mus.

Several dreamworkers will discuss the personal and professional issues involved in starting a practice. Topics will include making a commitment to dreamwork, getting training, aligning personal and professional values, choosing office space, establishing fees, advertising, insurance, ethical and legal considerations, working with groups and individuals, and public service.

PANEL DISCUSSION**CE**

2:30–4:30 College 8 Room 240

THE ODYSSEY OF LONG-TERM JOURNAL KEEPING

Cynthia Pearson, (Chair); Jean Campbell; Peggy Coats, M.P.A.; Ed Kellogg, Ph.D.; Kelly Bulkeley, Ph.D.; Martha Peacock

The panelists have kept dream journals for many years and have become intrigued with phenomena that have emerged over time. After highlighting their own approaches and discoveries, they will engage in open discussion with audience members and explore techniques, findings, benefits and the research value of the personal dream journal.

SOCIAL EVENT

4:30–6:00 Porter College Bridge Gallery

DREAM-INSPIRED ART: GALLERY RECEPTION

EVENT

4:30–6:15 College 8 Café

ONLINE EVENT WITH GLOBAL PARTICIPATION

Witness a live demonstration of a cyberdreamwork group session which will be led by Jungian analyst, Robert Bosnak and will include simultaneous participation of dreamworkers from Australia, the United States, Canada, Brazil, South Africa, Japan, and China through the Paltalk communication program.

DREAM VIDEO EVENT**CE**

5:15–5:45 College 8 Room 201

**APPOINTMENT WITH THE WISE OLD DOG:
DREAMING IN A TIME OF CRISIS**

Introduced by Yo Yo Ma, this moving film features the healing dreams and dream paintings of David Blum during the course of his struggle with cancer. David Blum was a distinguished musical conductor in Europe and America and a prolific writer who was a regular contributor to the *New Yorker* and the *New York Times*. His recent posthumous book, *Quintet*, was published by Cornell University Press.

5:30–7:00

DINNER**COLLEGE 8 DINING HALL****VIDEO PRESENTATION****CE**

5:45–6:15 College 8 Room 201

GOODNIGHT MOON AND OTHER SLEEPY TIME TALES

See description Wednesday 1:15 PM.

EVENT

5:45–6:45 College 8 Dining Hall

**DINNER MEETING: INTERNATIONAL ASD MEMBERS
AND ATTENDEES**

Jean Campbell

INVITED ADDRESS**CE**

7:00–8:00 Performing Arts M110

**THE “SACRED INTELLIGENT STARFISH”:
A MULTI-DIMENSIONAL APPROACH TO DREAMWORK**
Marc Barasch

Marc Barasch shows how some dreams are windows onto a larger Whole. He presents a challenging spiritual question: not only what do our dreams mean, but what do they want? Perhaps the answer is a common ground between the inner and outer worlds.

DREAM VIDEO EVENT

8:15–10:15 College 8 Room 201

**RE-EXPERIENCING THE WIZARD OF OZ BY
SIMULTANEOUSLY LISTENING TO THE DARK SIDE
OF THE MOON**

Mark Blagrove, Ph.D.

The dream-related film, the *Wizard of Oz*, will be watched with Pink Floyd's *Dark Side of the Moon* as the soundtrack.

Coincidences between the two result in eerie feelings of mood change and of the searching for meaningful connections between the film events and soundtrack.

ARTS EVENT

8:15–9:00 Performing Arts M110

**FEAR IS A NIGHT TIME ANIMAL:
NIGHTMARES IN PAINT AND POETRY**

Betsy Wood, M.S.

A slide talk with paintings and poems by the author from a series of nightmares. The dreams involve attack, chase, invasion; human enemies or alligator, panther, snake, bull. New insights and personal transformation result when creative work complements these dreams.

ARTS EVENT

9:10–10:00 Performing Arts M110

2001 ART EXHIBIT: A CLOSER LOOK

Richard Russo, M.A.

Through slides and discussion, the ASD Arts Chair Richard Russo provides a deeper look at the images and possibilities of the 2001 Conference art exhibition.

DREAM WORKSHOP

8:15–10:00 College 8 Room 250

**AN ALCHEMICAL WAY OF EXPERIENCING DREAM
IMAGES IN A GROUP CONTEXT (PART 1 OF 2)**

Sven Doehner, Ph.D.

Inspired by the Alchemical Psychology explored by James Hillman and Robert Bosnak, the workshop leader offers a practical method for experiencing a dream in a group context, in a manner that awakens awareness of body reactions and emotional responses as a means to discover unexpected and unknown inner spaces.

DREAM WORKSHOP

8:15–10:00 Porter College Fireside Lounge

**TRACKING THE SPIRIT:
CONTEMPORARY SHAMANIC DREAMWORK**

Tom Crockett, M.F.A.

A shaman or a shamanic counselor is primarily concerned with issues of balance. When energy or spirit is out of balance, illness and disease manifest. This workshop will explore the practical ways (ceremony, dream reading, dream enactment) in which contemporary shamanic dreamwork addresses issues of balance in the lives of individuals.

PANEL DISCUSSION**CE**

8:15–10:00 College 8 Room 252

TEACHING COURSES ON DREAMS

Kelly Bulkeley, Ph.D. (co-chair); Philip King, Ph.D. (co-chair); Bernard Welt, Ph.D.; Fariba Bogzaran, Ph.D.; William Moorcroft, Ph.D.

This panel explores various ways of teaching courses on dreams. Texts, class activities, dream sharing groups, research activities, and audience experiences and ideas will be discussed.

THURSDAY JULY 12

Themes For Thursday

Dreams and Creativity, Dream Research

7:30–8:30 **BREAKFAST** COLLEGE 8 DINING HALL

7:30–8:30 College 8 Dining Hall
MORNING DREAM GROUPS

EVENT

7:30–8:30 College 8 Dining Hall
BREAKFAST MEETING: ONLINE GUIDE TO INTERNATIONAL DREAMWORK
Jean Campbell

DREAM WORKSHOP

9:00–11:00 Porter College Fireside Lounge
PRACTICAL DREAMWORK (PART 2 OF 3)
Robert Bosnak, J.D.

See description of workshop Wednesday at 9:15 AM.

EXPRESSIVE ARTS WORKSHOP

9:00–11:00 College 8 Room 201
SEEING IS BELIEVING: PHENOMENOLOGICAL DREAM THEATER

Francesca Ferrentelli and Martha Peacock

We will demonstrate the thriving nature of a dream by bringing it to life on an imaginal stage. Without using the traditional tools of interpretation like word association or amplification, the dream will be allowed to speak for itself, conveying its message to participants via a theatrical setting.

RESEARCH SYMPOSIUM

9:00–11:00 College 8 Room 240
DREAMS AND NIGHTMARES: INNOVATIVE APPROACHES

EMDR and Dream Interpretation

Shirley McNeal, Ph.D.

This paper describes a method of dream interpretation useful in psychotherapy. The therapist can use the treatment method EMDR (eye-movement desensitization and reprocessing) for processing dream images. The associations elicited in this manner provide a wealth of significant material for psychotherapy as well as resulting in meaningful dream interpretation.

Nightmares and Meditation Practice

Bette Kaiser, M.F.T. and Daniel Deslauriers, Ph.D.

This presentation discusses the nightmare experience of two Zen practitioners. Practice in meditation tends to soften

sensory shields, or boundaries, a state usually associated with a higher nightmare frequency. The potential for nightmares to serve as a means of psychological and spiritual transformation is highlighted.

Dreaming: The Relationship to the Self

Dawn Matheny, M.A.

This presentation will explore qualitative research which looks at people's relationship to their dream life, what dreaming means to them, the benefits and challenges of their dream life, their beliefs about what dreaming is, and the implications for dream education, people working with their own dreams, dreamworkers, and therapists.

How Do You Know It Is a Dream?

Because It Is REALER than Real

Fran Harris, M.A.

The title expresses the major concerns of trauma survivors in dream groups. What are the other basic concerns and assumptions and how are they expressed in dreams? Examples will be drawn from work with brain trauma survivors, homeless persons, war veterans, AIDS Dementia patients, and those undergoing spiritual crises.

RESEARCH SYMPOSIUM

9:00–11:00 Performing Arts M110

RECALLING DREAMS: CURRENT RESEARCH

Accuracy of Dream Recall: I. Data from Real Dreams

William Moorcroft, Ph.D.; Brandis McFarland; Bill Larkin; Bryan Castelda; Erin Cenefelt; Steven Ondrashek; Natalie Stage; Laura Koenig; Devon Whitehead; and Angela Sweeny

Fourteen subjects each recalled a dream following a REMS awakening, then again the next morning, a week later, and a month later. Although the gist of the recalled dream never varied, considerable variation was seen in detailed elements when the four recalls were compared.

Accuracy of Dream Recall: II. Data from a "Synthetic Dream"

William Moorcroft, Ph.D.; Christina Wronkiewicz; Erin Cenefelt; Steven Ondrashek; Jane Hill; Erika Backstrom; Natalie Stage; Laura Koenig; Devon Whitehead; and Angela Sweeny

Eleven subjects viewed a dream-like video following REMS, then recalled it as a dream immediately, again the next morning, a week later, and a month later. Although the gist of the recalled "dream" never varied, considerable detail variation was seen between recalls casting reservations about the accuracy of dream recall.

Daytime Recall, Daytime Sleepiness and Sleep Onset REMS Periods (SORP)

James Pagel, M.D.

Severe sleepiness can be shown to suppress reported dream recall in individuals without SORP. In individuals with the REMS pressure associated with SORP's, dream recall is higher despite the presence of severe daytime sleepiness. Reported dream recall can be used to differentiate sleepy individuals with SORP's from those without SORP's. Decreased dream recall may be a marker for daytime sleepiness.

Memory Retrieval of a Dream and a Film

Jacques Montangero, Ph.D.

In order to validate a method of dream collection and to study problems of memory retrieval, reports of a dream and descriptions of a four-minute film presented during the night were compared with one another and with morning reports performed after reading the transcription of the night report.

Factors of Dream Recall

Michael Schredl, Ph.D. (Chair)

Researchers have investigated many factors which might be associated with dream recall frequency. The present investigation was designed to determine the magnitude of influence of different factors (personality factors, creativity, visual memory, stress and sleep behavior) and the interaction between them.

SYMPOSIUM

9:00–9:45 College 8 Room 250

DREAMS, ILLNESS, FACING DEATH, AND GRIEVING**The Benefits of Dreams and Dreamwork for the Dying and the Living**

Craig Webb (Chair)

Death touches both the dying person and those about him/her on many levels, including physical, emotional, mental, social, and spiritual. It is no surprise that the personal/transpersonal realm of dreams offers a venue for healing and fulfillment for both the dying and the living at such an important time. The author will share a dozen distinct ways, each with actual real-life examples, in which dreams can provide tremendous aid around death and the process.

The Role of Nightmares in Recovering from Cancer

Tallulah R. Lyons, M.Ed.

Visualization techniques are widely used with cancer patients, both for treatment and in the recovery process. A long-term dream group of cancer survivors in Atlanta, Georgia, has been experimenting with nightmare images. Transformed images correlate with biochemical changes in the direction of healing.

Lucid Dreaming, the Deceased and the After-Death Experience

Robert Waggoner

Drawing upon literature suggesting a connection between lucid dreaming and the after-death state, the presenter will detail some personal lucid dreaming experiences with the deceased, and outline a comparative description of the lucid dream environment and after-death states to consider if this connection has merit.

PANEL DISCUSSION

10:00–11:00 College 8 Room 250

LESSONS IN LUCIDITY: EXPLORATIONS IN LUCID DREAMING

Robert Waggoner, Bev D'Urso

Drawing upon decades of personal lucid dreaming experience, the panel will discuss a number of their most profound and striking lucid dreams and the insights, conjectures, questions and waking experiences that resulted. The sharing of their conscious explorations of dreams and the nature of reality will shed light on various waking and dreaming states, as well as the function of mental processes and their various effects upon the dreamer.

EVENT

11:15–12:00 College 8 Room 240

ANNUAL ASD GENERAL MEMBERSHIP MEETING FOLLOWED BY ASD COMMITTEE MEETINGS DURING LUNCH**EVENT**

12:15–1:00 College 8 Dining Hall

LUNCH WITH ASD OFFICERS, BOARD AND COMMITTEE CHAIR

Join a working discussion of ASD issues and learn how to volunteer to help ASD, join committees, work on conferences and join the ASD board.

12:00–1:00

LUNCH**COLLEGE 8 DINING HALL****EVENT**

1:00–2:15 College 8 Room 250

HOT OFF THE PRESS

Tony Zadra, Ph.D.

Short presentations of ongoing or recently completed dream research.

ON YOUR OWN

1:00–6:00

EXCURSIONS IN THE SANTA CRUZ AREA

Visit the old growth redwoods, the rugged and mysterious Pacific coast, work out in the nearby College 8 Field House, hike, or relax on your own.

1:15–3:00 Performing Arts M110

**REPEAT PRESENTATIONS
(BASED ON ATTENDEES' REQUESTS)**

1:30–5:30 Porter College Fireside Lounge
ASD BOARD OF DIRECTORS' MEETING

CLINICAL WORKSHOP

CE, MCEP

2:30–5:30 College 8 Room 201

**FROM DREAM TO DREAMER AND FROM DREAMER
TO DREAM (PART 2 OF 2)**

CANCELLED

RESEARCH WORKSHOP

CE, MCEP

2:30–5:30 College 8 Room 250

**ADVANCED METHODS FOR SCIENTIFIC STUDIES
OF LONG DREAM JOURNALS**

G. William Domhoff, Ph.D.

This scientifically oriented workshop will show participants how to do sophisticated new content analysis studies using dreambank.net and dreamresearch.net. It will use two new studies of lengthy dream journals to demonstrate what is possible and will present new findings.

EVENT

3:00–5:45 College 8 Café

**DREAM FORAGING HIKE TO THE POGONIP POOL
OF WONDER**

Alan Siegel, Ph.D.

This two-to-three hour hike and informal workshop involves a 30- to 45-minute walk across campus and a 30-minute walk into the adjoining nature preserve. We will walk down to the Pogonip stream, through redwoods and meadows and arriving at the Pogonip Pool of Wonder where a short group dream sharing ceremony will occur. See the wonders of the redwood forest, taste wild herbs and berries and hopefully pick wild mugwort for impromptu dream pillows. No driving is needed. Workshop leaves from College 8 Café.

DREAM WORKSHOP

3:15–5:00 Performing Arts M110

**DREAM MAPPING AND AUTO-DRAMA: A METHOD FOR
CONFRONTING NIGHTMARES AND HEALING
RECURRING DREAMS**

Ann Sayre Wiseman, M.A.

The Method: On a sheet of paper called “the paper-stage,” each participant is invited to three-dimensionally, set out a dream or issue on this mini paper-stage, using torn scraps of colored tissue or available objects to represent the subjects.

EVENT

3:30–4:30 College 8 Café

ONLINE EVENT WITH GLOBAL PARTICIPATION

Hear and send news from the conference, participate in an interview with a prominent dream personality, and a question and answer session using the Paltalk communication program.

5:30–7:00

DINNER

COLLEGE 8 DINING HALL

INVITED ADDRESS

CE

7:00–8:00 Performing Arts M110

DREAMS AND CREATIVE PROBLEM SOLVING

Deirdre Barrett, Ph.D.

Dreams most often concern personal and emotional issues, but some tackle objective problems. Two Nobel laureates credit prize-winning ideas to nocturnal inspiration. Dreaming is most suited to visual and narrative realms; innumerable paintings and novels originated this way. However music from classic masterpieces to pop chartbusters, designs for boats, telescopes, and even weapons have also been dreamed. This talk will review the most dramatic problem solving dreams, and examine what we can do to encourage them.

SOCIAL EVENT

8:15–10:00 College 8 Café

**BENEFIT EVENT: THE SINGLE MALT WHISKIES
OF SCOTLAND AND IRELAND**

**Mark Blagrove, Ph.D.; Tony Zadra, Ph.D.;
Dominic Potts, J.D.**

A benefit for ASD with a suggested donation of \$20 includes tasting and words of wisdom from the presenters.

DREAM ART EVENT

8:15–9:15 Performing Arts M110

DREAM INSPIRATIONS

Fariba Bogzaran, Ph.D.

In this slide presentation, Bogzaran will show two decades of dream and lucid dream-inspired art. Selected dreams and lucid dreams will be read together with the body of art works inspired by these experiences. Bogzaran will demonstrate the connection between the dreaming mind and the creative mind and how dreams can inspire creation and create process interplay with the dreaming world.



DREAM WORKSHOP

8:15–10:00 College 8 Room 204

DREAM THEMES: A NEW APPROACH TO INDIVIDUAL AND GROUP DREAMWORK

Robert Gongloff, M.A.

Working with dream themes provides insight toward determining the basic meanings of dreams. Participants will develop an understanding and appreciation for the basic underlying personal themes of their dreams. They will be shown how to determine themes using dreams provided by the instructor and their own personal dreams.

DREAM WORKSHOP

8:15–10:00 Porter College Fireside Lounge

THE LOGIC OF THE DREAM: PRACTICAL DREAMWORK

Kathleen Sullivan

This workshop will provide practical approaches to personal dreamwork based on blending the teachings of Hillman,

Delaney, and Jung. We will also address dealing with the emotion of awake ego when it interferes with the writing and the understanding of the dream, particularly nightmares.

DREAM WORKSHOP

8:15–10:00 College 8 Room 250

AN ALCHEMICAL WAY OF EXPERIENCING DREAM IMAGES IN A GROUP CONTEXT (PART 2 OF 2)

Sven Doehner, Ph.D.

See description on Wednesday at 8:15.

SOCIAL HOUR

9:00–11:00 College 8 Upper Patio

**FRIDAY JULY 13***Themes For the Day*
**Cross-Cultural and Historical Approaches to Dreams, Psi and Lucid Dreaming,
Psychological and Biological Functions of Nightmares**
7:30–8:30 **BREAKFAST** COLLEGE 8 DINING HALL

7:30–8:30 College 8 Dining Hall
MORNING DREAM GROUPS

RESEARCH SYMPOSIUM

9:00–10:45 Porter 148

CROSS-CULTURAL AND HISTORICAL APPROACHES TO DREAMS

Stanley Krippner, Ph.D. (Chair)

**From Erotic Dreams to Nightmares:
Early Christian Evidence**

Charles Stewart, Ph.D.

This paper considers the writings of Evagrius of Pontus and John Cassian which present exceptional, psychologically detailed accounts of how erotic dreams came to be experienced as demonic nightmares.

**Russian Pagan Calendar for Precognitive Dreaming
Maria Volchenko, Ph.D.**

This paper is the first attempt to collect and describe, as a system, information on pagan Russian dream rituals connected to certain calendar dates and periods. The Orthodox Church had to accept the dates and to include them in the list of Christian holidays. Some of these dream tuning rituals

were able to survive 70 years of official atheism as well. A description of holidays, rituals, chanting, and objects used for tuning dreams is given.

**Dreaming Across the Mason-Dixon Line:
Discovering Direction in Dreams**

Curtiss Hoffman, Ph.D.

Directions are frequent motifs in dreams. They allow us to “orient” ourselves within a dream geography of inner states as well as cultural constants. Borders are particularly interesting for understanding this. We will explore direction in cross-cultural symbolism, both in myth and dream.

PANEL DISCUSSION

9:00–10:45 College 8 Room 240

PSI DREAMS: NORMALIZING THE PARANORMAL THROUGH PRACTICAL APPLICATIONS

Rita Dwyer (Chair); Marc Barasch; Dale Graff, M.S.; Rosemary Guiley; Robert Van de Castle, Ph.D.; Anjali Hazarika, Ph.D.

Though dreamers report exceptional dream experiences such as precognition, telepathy, warnings, healings, synchronistic and miraculous events, they are often dismissed as anomalous or paranormal. The panelists show how psi dreams can be used for health and wholeness, enhanced creativity and spirituality, assistance to others, and transitions and transformations in our waking lives.

DREAM WORKSHOP (PART 3 OF 3)

9:00–10:45 Porter College Fireside Lounge

PRACTICAL DREAMWORK

Robert Bosnak, J.D.

See description under Part 1 on Wednesday 9:15 AM.

LECTURE AND DISCUSSION

CE

9:00–10:45 College 8 Room 201

“YUME-DO” (THE WAY OF DREAMS): USING DREAMS AND LUCIDITY TO FIND THE WISDOM BEYOND WORDS

Reverend Jeremy Taylor, D.Min., S.Th.D. (hon)

There is compelling evidence that certain psycho-spiritual themes recur regularly and spontaneously in the dreams of individuals, and also in the sacred narratives of the world's many religions. The patterns of developing ability to recall and remember dreams suggest even larger patterns of meaning in human experience. These evolving tropes and patterns will be discussed in some detail.

DREAM WORKSHOP

9:00–10:45 College 8 Room 204

SHINING LIGHT ON DREAMS: METHODS AND TECHNIQUES FOR DREAMWORK

Justina Lasley, M.A.

Participants will learn to “open” dreams, transforming unconsciousness to conscious knowledge. They will learn to organize and facilitate group work and explore various techniques and methods to shine a light on sacred knowing. Forming a dream group, participants will experience the fundamental elements of group process.

INVITED ADDRESS

CE

11:00–12:00 Performing Arts M110

NIGHTMARES AND THE HISTORY OF CONSCIOUSNESS

Kelly Bulkeley, Ph.D.

Nightmares are a nearly universal phenomenon, reported throughout history in cultures all over the world. This presentation will provide an overview of the history of terrifying dreams: their widely-varied phenomenology, their deep evolutionary roots, their surprising spiritual value, their usefulness in psychotherapy, and their significance for contemporary dream theory. The presentation will show how Rene Descartes' frightening dreams played a central role in the development of his ideas and asserts that the modern Western view of the human self was, in a very real sense, born in a nightmare.

EVENT

12:00–1:00 College 8 Dining Hall

LUNCH WITH THE EXPERTS

Have lunch with your favorite dream expert. See registration packet or handout for details.

12:00–1:00

LUNCH

COLLEGE 8 DINING HALL

INVITED ADDRESS

CE

1:15–2:15 Performing Arts M110

EVERYBODY DREAMS: MASS MEDIA AND INDIVIDUAL EMPOWERMENT

Charles McPhee, M.A.

If we wish to teach the world to dream, what is the best way to share the tools? Charles McPhee will discuss constraints specific to each mass media format—Internet, books, radio, and television—and the common requirements for messages to succeed in mass markets. Is it possible to convey the fun, the excitement, and the value of dream interpretation skills to mass audiences? McPhee argues that it is, and that the burden rests with the communicators, not the recipients, to forge the connection with their desired audience.

PANEL DISCUSSION

CE

2:30–4:30 College 8 Room 240

HOW SHAMANS USE DREAMS AND DREAM-STATES FOR HEALING

Tom Crockett (Chair); Stanley Krippner, Ph.D.; Brant Secunda; Sven Doehner, Ph.D.

Shamans use dream states to heal and rebalance individuals and communities. This phenomenon will be discussed from four perspectives: Stan Krippner's experience with indigenous healers; Brant Secunda's experience as an initiated shaman in the Huichol tradition; Sven Doehner's reflections on blending shamanic healing traditions with depth psychological dreamwork; and Tom Crockett's work at integrating traditional shamanic practices in urban contemporary settings.

RESEARCH SYMPOSIUM

CE

2:30–4:30 Performing Arts M110

PSI DREAMING

Rita Dwyer (Chair)

Precognitive Dreams in Pregnancy

Karen Muller, Ph.D.

This dream series traces the author's dreams from several months before conception through delivery. The dreams predict the timing of the pregnancy, record its health, and predict the timing and nature of the delivery. Applications to dream interpretation in pregnancy and in general are noted.

Lucid Dreaming and the Phenomenological *Epoché*

Ed Kellogg, Ph.D.

Researchers minimally define a lucid dream as one where dreamers realize that they dream, while they dream. However, dream lucidity also correlates with an increased awareness of previously unquestioned assumptions, similar to that required in performing the suspension of judgment of the natural attitude required by the phenomenological *epoché*.

**Psi Dreaming Between International Locations—
Implications and Challenges**

Brigitte Holzinger, Ph.D. and Dale Graff, M.S.

Recent psi dream experiments between the USA and European locations are described. Pictorial material and real locations were targets. Successful results were achieved, demonstrating that psi can manifest in the dream state for targets at 7,000 mile distances. Specific examples illustrate type of targets, psi dreams, experimental protocol and evaluation procedures.

Tracing Psi Dreams and Synchronicity

Dale Graff, M.S.

By reviewing dream journals, correlations were identified that showed a link between near time and incidents several years in the future that spanned international locations. Precognition and synchronicity occurred. These dreams provided evidence for psi scanning of written material that resonated with archetypal forms and with imagery in Goethe's *Faust*.

**Effects of Intention, Attention, and Expectation
on Dreaming**

Vera M. Lind, M.A., M.Mus.

An experience of precognitive dreaming will be presented within the context of hermeneutic inquiry. It was realized that the dream's precognitive aspect reflected the research methodology and the specific topic, suggestive of the possible role of intention and expectation on dream type and content.

DREAM WORKSHOP

2:30–4:30 College 8 Room 201

**THE BRIDGE BETWEEN DREAMING AND WAKING
REALITIES**

Maria Volchenko, Ph.D.

The workshop offers tools and rituals to try dream re-entry as creating and crossing the bridge to dream reality. These tools, techniques, and rituals are mostly based on Russian, Slavic and Siberian pagan traditions. Original records of Tuvan shaman drumming are used.

COMPUTERS AND DREAMS

2:30–3:30 College 8 Café

**THE COMPENSATORY FUNCTION OF DREAMS:
CONFIRMATION FROM THE COMPUTER**

**The Compensatory Function of Dreams:
Confirmation from the Computer**

Marco Zanasi, M.D.

The authors analyzed 165 dreams of psychotic patients and 195 dreams of a control group using computer technology of textual analysis (TACT). The frequency with which certain images recurred in the dreams of psychotic patients seemed to confirm the Jungian theory of the compensatory function of the dreams.

**Four Seemingly Unrelated Dreams Over a 29-Month
Period Constitute a Series**

John W. Herbert, Ph.D. (Chair)

Four dreams submitted over a 29-month period to internet "If it were my dream" groups constitute a series and appear to be concerned with issues of right livelihood. Dreams, participants' feedback and dreamer's comments are presented.

EVENT

3:30–4:30 College 8 Café

ONLINE EVENT WITH GLOBAL PARTICIPATION

News, interviews, questions and answers with dream personalities using Paltalk.

EVENT

4:30–6:30 College 8 Café

COMPUTER CAFÉ OPEN HOUSE

Scott Hughes

SOCIAL HOUR

4:30–6:30 College 8 Upper Patio

POSTER SESSION

4:30–6:30 College 8 Room 201

5:30–7:00 DINNER COLLEGE 8 DINING HALL

REGISTRATION

5:30–6:30 College 8 Café

REGISTRATION FOR WEEKEND MINI-CONFERENCE

INVITED ADDRESS

CE

7:00–8:00 Performing Arts M110

DREAMING AND CONSCIOUSNESS

Stephen LaBerge, Ph.D.

Lucid dreaming pioneer, Stephen LaBerge, will explore the boundaries of dreaming, lucidity and consciousness.

WORKSHOP AND PANEL DISCUSSION

CE, MCEP

7:00–9:45 College 8 Room 240

COMPARATIVE ANALYSIS OF A DREAM SERIES.

G. William Domhoff, Ph.D.; Veronica Tonay, Ph.D.; and Alan Siegel, Ph.D. (Chair)

Interpreting a series of dreams provides rich data for understanding of personality dynamics, responses to treatment, unresolved trauma and grief. Using a comparative approach that emphasized psychodynamic (object relations and self psychological) and cognitive approaches, we will work in small groups guided by the panelists of differing theoretical orientations. After exploring the dream series in small groups, we will convene a symposium comparing and synthesizing insights from various perspectives.

**TUESDAY,
JULY 10**

WEDNESDAY, JULY 11

						7:00	
						7:30	
	Breakfast 7:30-8:30 <i>College 8 Dining Hall</i>	Dream Sharing Groups 7:30-8:30 <i>College 8 Dining Hall</i>				8:00	
						8:30	
	Greeting and Conference Overview 8:45-9:00 <i>College 8 (Outside the Café)</i>					9:00	
	Break						
	<i>Dream Workshop</i> Practical Dreamwork (Part 1 of 3—July 11,12,13) 9:15-10:45 ROBERT BOSNAK <i>Porter-Fireside Lounge</i>	<i>Research Paper</i> Nightmares & 2000 Presidential Election 9:15-10:45 KELLY BULKELEY <i>Perform. Arts M110</i>	<i>Expressive Arts Workshop</i> Tracking Coherence in Dreams & Life Part 1 of 2 9:15-10:45 STURZENACKER/PEARSON <i>College 8/Rm 250</i>	<i>Focused Discussion Group</i> New Ideas in the Study of Dreaming 9:15-10:45 PAGEL/LEVIN <i>College 8/Rm 240</i>	<i>Dream Workshop</i> DreamWork/BodyWork 9:15-10:45 JEAN CAMPBELL <i>College 8/Rm 201</i>	9:30	
						10:00	
						10:30	
	Break						
	<i>Presidential Address</i> Personality and Waking Influences on Dreaming, Lucid Dreaming, and Nightmares 11:00-12:00 MARK BLAGROVE, PH.D., ASD PRESIDENT 2001-2002 <i>Performing Arts M110</i>					11:00	
						11:30	
						12:00	
		Lunch 12:00-1:00 <i>College 8 Dining Hall</i>		Lunch with the Experts 12:00-1:00 <i>College 8 Dining Hall</i>		12:30	
						1:00	
		<i>Research Paper</i> Personality & Psycho... 1:15-2:15 LEVIN/HARTMAN <i>Performing Arts M110</i>	<i>Research Paper</i> The Biology of Dreaming CANCELLED <i>College 8/Rm 250</i>	<i>Research Paper</i> Exotic Dreams 1:15-2:15 STANLEY KRIPPNER <i>College 8/Rm 240</i>	<i>Dream Videos</i> Moon/Dr. Seuss 1:15-2:15 ALAN SIEGEL/WELT <i>College 8/Rm 201</i>	1:30	
						2:00	
						2:30	
ASD Board of Directors Meeting 1:00-5:00 <i>College 8/Rm 201</i> Conference Registration 3:00-5:00 <i>College 8 Café</i> Open House: Cyberdreaming Café 2:00-6:00 <i>College 8 Café</i> Opening Buffet and Reception 6:00-9:00 <i>College 8 Patio</i>	<i>Expressive Arts Workshop</i> Dream Collages 2:30-4:00 VERONICA TONAY <i>Porter/Fireside Lounge</i>	<i>Research Symposium</i> New Directions in Dream Research 2:30-4:30 KAHN/KING/BLAGROVE/ CLARK/REES/WHITE/ TAYTROI/FISS <i>Performing Arts M110</i>	<i>Panel Discussion</i> Starting a Professional Dreamwork Practice 2:30-4:30 TAYLOR/BIRDSONG/ KELLEY/PERKINS/LEAKE/ LIND <i>College 8/Rm 252</i>	<i>Panel Discussion</i> The Odyssey of Long-Term Journal Keeping 2:30-4:30 PEARSON/CAMPBELL/ COATS/KELLOGG/ BULKELEY/PEACOCK <i>College 8/Rm 240</i>	<i>Clinical Workshop</i> From Dream to Dreamer July 11 & 12) CANCELLED	3:00	
						3:30	
						4:00	
						4:30	
		<i>Social Event</i> Dream-Inspired Art: Gallery Reception 4:30-6:00 <i>Porter College Bridge Gallery</i>	<i>Event</i> Online Event with Global Participation 4:30-6:15 <i>College 8 Café</i>				5:00
							5:30
						<i>Dream Video</i> 5:15-5:45 COLLEGE 8 RM 201	5:30
				Dinner 5:30-7:00 <i>College 8 Dining Hall</i>	<i>Event</i> Dinner Meeting: International ASD Members & Attendees 5:45-6:45 <i>College 8 Dining Hall</i>	<i>Video Presentation</i> 5:45-6:15 COLLEGE 8 RM 201	6:00
							6:30
							7:00
						7:30	
						8:00	
						8:30	
	<i>Dream Workshop</i> Tracking the Spirit 8:15-10:00 TOM CROCKETT <i>Porter/Fireside Lounge</i>	<i>Arts Event</i> Fear is a Nighttime Animal 8:15-9:00 BETSY WOOD <i>Performing Arts M110</i>	<i>Dream Workshop</i> An Alchemical Way of Experiencing Dream Images (Part 1 of 2) 8:15-10:00 DOEHNER <i>College 8/Rm 250</i>	<i>Panel Discussion</i> Teaching Courses on Dreams 8:15-10:00 BULKELEY/KING/WELT/ BOGZARAN/MOORCROFT <i>College 8/Rm 252</i>	<i>Dream Video Event</i> Re-Experiencing the Wizard of Oz 8:15-10:15 MARK BLAGROVE <i>College 8/Rm 201</i>	8:30	
		<i>Arts Event</i> 2001 Art Exhibit: A Closer Look 9:10-10:00 RICHARD RUSSO <i>Performing Arts M110</i>				9:00	
						9:30	
						10:00	
						10:30	
						11:00	

THURSDAY, JULY 12

7:00								
7:30								
8:00	Breakfast 7:30-8:30 <i>College 8 Dining Hall</i>	Morning Dream Groups 7:30-8:30 <i>College 8 Dining Hall</i>	<i>Event</i> Breakfast Meeting: Online Guide to Int'l Dreamwork 7:30-8:30 <i>College 8 Dining Hall</i>					
8:30	Break							
9:00								
9:30	<i>Dream Workshop</i> Practical Dreamwork (Part 2 of 3—July 11,12,13) 9:00-11:00 ROBERT BOSNAK <i>Porter/Fireside Lounge</i>	<i>Research Symposium</i> Recalling Dreams 9:00-11:00 MOORCROFT, ET AL. <i>Performing Arts M110</i>	<i>Symposium</i> Dreams, Illness ... 9:00-9:45 LYONS/WAGGONER <i>College 8/Rm 250</i>	<i>Research Symposium</i> Dreams and Nightmares 9:00-11:00 MCNEAL/KAISER/ MATHENY/HARRIS <i>College 8/Rm 240</i>	<i>Expressive Arts Workshop</i> Seeing Is Believing 9:00-11:00 FERRENTELLI/PEACOCK <i>College 8/Rm 201</i>			
10:00			Break					
10:30			<i>Panel Discussion</i> Lessons in Lucidity 10:00-11:00 LYONS/WAGGONER <i>College 8/Rm 250</i>					
11:00	Break							
11:30	<i>Special Event</i> Annual ASD General Membership Meeting 11:15-12:00 <i>College 8 Room 240</i>							
12:00	Lunch with ASD Officers, Board and Committee Chair 12:15-1:00 <i>College 8 Dining Hall</i>		Lunch 12:00-1:00 <i>College 8 Dining Hall</i>					
12:30								
1:00								
1:30		Repeat Presentations (Based on Attendees' Requests) 1:15-3:00 <i>Performing Arts M110</i>		<i>Event</i> Hot Off the Press 1:00-2:15 TONY ZADRA <i>College 8 Café</i>				
2:00								
2:30							Computer Cafe Open 11:00-7:00 <i>College 8 Café</i>	
3:00	<i>Meeting</i> ASD Board of Directors Meeting 1:30-5:30 <i>Porter/Fireside Lounge</i>							
3:30		<i>Dream Workshop</i> Dream Mapping and Auto-Drama 3:15-5:00 ANN SAYRE WISEMAN <i>Performing Arts M110</i>	<i>Research Workshop</i> Advanced Methods for Scientific Studies . . . 2:30-5:00 G. WILLIAM DOMHOFF <i>College 8/Rm 250</i>	<i>Event</i> Dream Foraging Hike to the Pogonip Pool of Wonder 3:00-5:45 ALAN SIEGEL <i>Meet at College 8 Café</i>	<i>Clinical Workshop</i> From Dream to Dreamer CANCELLED	<i>On Your Own</i> Excursions in the Santa Cruz Area 1:00-6:00 <i>College 8 Field House Workout Room, Relax, or anywhere else!</i>	<i>Event</i> Online Event with Global Participation 3:30-4:30 <i>College 8 Café</i>	
4:00								
4:30								
5:00								
5:30								
6:00								
6:30	Dinner 5:30-7:00 <i>College 8 Dining Hall</i>							
7:00	<i>Invited Address</i> Dreams and Creative Problem Solving 7:00-8:00 DEIRDRE BARRETT <i>Performing Arts M110</i>							
7:30	Break							
8:00								
8:30								
9:00	<i>Dream Workshop</i> The Logic of the Dream 8:15-10:00 KATHLEEN SULLIVAN <i>Porter/Fireside Lounge</i>	<i>Dream Art Event</i> Dream Inspirations 8:15-9:15 FARIBA BOGZARAN <i>Performing Arts M110</i>	<i>Dream Workshop</i> An Alchemical Way of Experiencing Dream Images (Part 2 of 2) 8:15-10:00 SVEN DOEHNER <i>College 8/Rm 250</i>	<i>Dream Workshop</i> Dream Themes: A New Approach 8:15-10:00 ROBERT GONGLOFF <i>College 8/Rm 204</i>			<i>Social Event</i> Benefit Event 8:15-10:00 BLAGROVE/ZADRA/POTTS <i>College 8 Café</i>	
9:30								
10:00						Social Hour 9:00-11:00 <i>College 8 Upper Patio</i>		
10:30								
11:00								

CE Courses

MCEP Courses

FRIDAY, JULY 13

7:00						7:00
7:30						7:30
8:00	Breakfast 7:30–8:30 <i>College 8 Dining Hall</i>	Morning Dream Groups 7:30–8:30 <i>College 8 Dining Hall</i>				8:00
8:30	Break					8:30
9:00						9:00
9:30	<i>Dream Workshop</i> Practical Dreamwork (Part 3 of 3—July 11,12,13) 9:00–10:45 ROBERT BOSNAK <i>Porter/Fireside Lounge</i>	<i>Research Symposium</i> Cross-Cultural and Historical Approaches to Dreams 9:00–10:45 KRIPPNER/STEWART/ VOLCHENKO/HOFFMAN <i>Performing Arts M110</i>	<i>Dream Workshop</i> Shining Light on Dreams 9:00–10:45 JUSTINA LASLEY <i>College 8/Rm 204</i>	<i>Panel Discussion</i> Psi Dreams 9:00–10:45 DWYER/BARASCH/GRAFF/ GUILLEY/VAN DE CASTLE <i>College 8/Rm 240</i>	<i>Paper Presentation</i> “Yume-Do” (The Way of Dreams) 9:00–10:45 JEREMY TAYLOR <i>College 8/Rm 201</i>	9:30
10:00						10:00
10:30						10:30
11:00	Break					11:00
11:30	<i>Invited Address</i> Nightmares and the History of Consciousness 11:00–12:00 KELLY BULKELEY, PH.D. <i>Performing Arts M110</i>					11:30
12:00						12:00
12:30	Lunch 12:00–1:00 <i>College 8 Dining Hall</i>	Lunch with the Experts 12:00–1:00 <i>College 8 Dining Hall</i>				12:30
1:00	Break					1:00
1:30	<i>Invited Address</i> Everybody Dreams: Mass Media and Individual Empowerment 1:15–2:15 CHARLES MCPHEE, M.A. <i>Performing Arts M110</i>					1:30
2:00						2:00
2:30	Break					2:30
3:00		<i>Research Symposium</i> Psi Dreaming 2:30–4:30 DWYER/MULLER/KELLOGG/ HOLZINGER/GRAFF/LIND <i>Performing Arts M110</i>	<i>Panel Discussion</i> How Shamans Use Dreams 2:30–4:30 CROCKETT/KRIPPNER/ SECUNDA/DOEHNER <i>College 8/Rm 240</i>	<i>Dream Workshop</i> The Bridge Between Dreaming and Waking Realities 2:30–4:30 MARIA VOLCHENKO <i>College 8/Rm 201</i>	<i>Computers and Dreams</i> The Compensatory Function of Dreams 2:30–3:30 ZANASI/HERBERT <i>College 8 Café</i>	Computer Café Open 11:00–7:00 <i>College 8 Café</i>
3:30						3:30
4:00					<i>Event</i> Online Event with Global Participation 3:30–4:30 <i>College 8 Café</i>	4:00
4:30						4:30
5:00						5:00
5:30	<i>Social Hour</i> Social Hour 4:30–6:30 <i>College 8 Upper Patio</i>			<i>Poster Session</i> Poster Session 4:30–6:30 <i>College 8/Rm 201</i>		<i>Event</i> Computer Café Open House 4:30–6:30 SCOTT HUGHES <i>College 8 Café</i>
6:00						6:00
6:30		Dinner 5:30–7:00 <i>College 8 Dining Hall</i>			<i>Registration</i> Registration for Weekend Mini-Conference 5:30–6:30 <i>College 8 Café</i>	6:30
7:00						7:00
7:30		<i>Invited Address</i> Dreaming and Consciousness 7:00–8:00 STEPHEN LABERGE, PH.D. <i>Performing Arts M110</i>				7:30
8:00	<i>Workshop and Panel Discussion</i> Comparative Analysis of a Dream Series 7:00–9:45 DOMHOFF/TONAY/ SIEGEL <i>College 8/Rm 240</i>					8:00
8:30						8:30
9:00		<i>Dream Workshop</i> High Dreamwork for Spiritual Guidance 8:15–10:00 ROSEMARY GUILLEY <i>Porter/Fireside Lounge</i>	<i>Dream Workshop</i> The Lucidity Continuum 8:15–10:00 ED KELLOGG <i>Performing Arts M110</i>	<i>Expressive Arts Workshop</i> The Harriet Project 8:15–10:00 SARAH RIDBERG <i>College 8/Rm 204</i>	<i>Expressive Arts Workshop</i> Mythotheatrics: Dreaming as Images on Stage 8:15–10:00 MARIE ELLIOT-GARTNER <i>College 8/Rm 201</i>	9:00
9:30						9:30
10:00						10:00
10:30	<i>Dream Telepathy Contest</i> 10:00–10:30 <i>College 8 Café & Upper Patio</i>					10:30
11:00						11:00

CE Courses

MCEP Courses

SATURDAY, JULY 14

7:00							
7:30							
8:00	Breakfast 7:30-8:30 <i>College 8 Dining Hall</i>	Morning Dream Groups 7:30-8:30 <i>College 8 Dining Hall</i>					
8:30	Break						
9:00							
9:30	<i>Workshop</i> Dreamwork: An Atheoretical Format 9:00-10:45 STEVEN PILGRIM <i>College 8/Rm 204</i>	<i>Symposium</i> Language and Meaning in Dreams 9:15-10:45 KNUDSON/KILROE/ BARRETT <i>Performing Arts M110</i>	<i>Symposium</i> Jungian Perspectives on Dreaming 9:00-10:45 STRICKLING/WEISER/ DOEHNER/WHITE-LEWIS <i>College 8/Rm 252</i>	<i>Symposium and Workshop</i> The Forms and Occurrence of Nightmares 9:00-10:45 SIEGEL/HARTMANN/LEVIN <i>College 8/Rm 240</i>	<i>Dream Workshop</i> Appreciating Dreams 9:00-10:45 WENDY PANNIER <i>College 8/Rm 201</i>		
10:00							
10:30							<i>Event</i> Online Event with Global Participation 10:00-11:00 <i>College 8 Café</i>
11:00	Break						
11:30	<i>Invited Address</i> Finding Our Way in the Dark 11:00-12:00 JOHN BEEBE, M.D. <i>Performing Arts M110</i>						
12:00							
12:30	Lunch with ASD Officers, Board and Committee Chair 12:00-1:00 <i>College 8 Dining Hall</i>	Lunch 12:00-1:00 <i>College 8 Dining Hall</i>					Computer Café Open 10:00-4:00 <i>College 8 Café</i>
1:00							
1:30	<i>Dream Workshop</i> Universal Dreams, Themes and Motifs 1:00-3:00 PATRICIA GARFIELD <i>Porter/Fireside Lounge</i>	<i>Clinical Workshop</i> Clinical Use of Dreams and Nightmares 1:00-3:00 ALAN SIEGEL <i>College 8/Rm 252</i>		<i>Dream Workshop</i> Overcoming Impasses in Dreams 1:00-3:00 ROBERT HOSS <i>College 8/Rm 204</i>	<i>Dream Workshop</i> The Causes and Functions of Nightmares, Dreams and REM Sleep 1:00-3:00 BLAGROVE/VALLI/ KAHN/ZADRA <i>College 8/Rm 240</i>	<i>Dream Workshop</i> Using Hypnosis to Work with Your Dreams 1:00-3:00 DEIRDRE BARRETT <i>College 8/Rm 201</i>	
2:00							
2:30							
3:00			<i>Video Event</i> Dream Video Festival 1:00-6:00 THE POWER OF DREAMS: CARL GUSTAV JUNG: ARTIST OF THE SOUL; THE WISE OLD DOG <i>College 8/Rm 250</i>				
3:30							
4:00	<i>Dream Workshop</i> "If It Were My Dream...": An Introduction to Leaderless Projective Group Exploration of Dreams 3:15-6:00 JEREMY TAYLOR <i>Porter/Fireside Lounge</i>	<i>Research Symposium</i> The Incidence and Functions of Nightmares and Recurring Dreams 3:15-5:00 BARRETT/VALLI/BLAGROVE/ FARMER/WILLIAMS <i>College 8/Rm 252</i>		<i>Panel Discussion</i> Archetypes, the Architecture of Our Dreams 3:15-5:00 PEACOCK/ELLIOT- GARTNER/ PLESSAS/FERRENTIELLI <i>College 8/Rm 204</i>	<i>Clinical Workshop</i> Nightmares and Sleep Disorder 3:15-5:00 KRAKOW/MELENDREZ <i>College 8/Rm 240</i>	<i>Dream Workshop</i> Nightmares and Inspirational Dreams 3:15-6:00 DAVID GORDON <i>College 8/Rm 201</i>	
4:30							
5:00							
5:30							
6:00							<i>Event</i> Face Painting 5:30-7:00 <i>College 8 Café</i>
6:30							
7:00	Break						
7:30							
8:00							
8:30							
9:00							
9:30							
10:00							
11:00							
12:00							



Event
Costume Dream Ball
 8:30-12:00
Porter College Dining Hall

SUNDAY, JULY 15

7:00										7:00	
7:30										7:30	
8:00	Breakfast 7:30-8:30 College 8 Dining Hall									8:00	
8:30	Break										
9:00	Clinical Workshop Dreamwork for Pastoral Counseling and Chaplains and the Spiritual Significance of Nightmares 9:00-12:00 JEREMY TAYLOR Porter/Fireside Lounge		Panel Discussion Dreams As a Link to Spirit 9:00-10:15 JOHNSON/JAENKE College 8/Rm 250			Clinical Workshop Nightmares and Sleep Disorders 9:00-12:00 BARRY KRAKOW College 8/Rm 240		Dream Video & Discussion The Lathe of Heaven 9:00-11:00 College 8/Rm 201			
9:30											
10:00		Clinical Workshop Is the CI the Fast Lane on the Royal Road to the Unconscious? 10:00-12:00 ERNEST HARTMANN College 8/Rm 252									
10:30			Dream Workshop The Plight of the Earth 10:30-12:00 JOHNSON/BORING/ JAENKE College 8/Rm 250				Expressive Arts Workshop Making A Book for a Dream 10:00-12:00 BETSY DAVIDS College 8/Rm 204			Dream Video Goodnight Moon 11:00-12:00 ALAN SIEGEL College 8/Rm 201	
11:00										11:00	
11:30										11:30	
12:00		Lunch 12:00-1:00 College 8 Dining Hall				Lunch with the Experts 12:00-1:00 College 8 Dining Hall				12:00	
12:30										12:30	
1:00		Expressive Arts Workshop Tracking Coherence in Dreams & Life (Part 2 of 2) 1:00-3:00 STURZENACKER/ PEARSON College 8/Rm 252	Dream Workshop Bringing Dreamwork Approaches to Waking Life 1:00-3:00 ZOE NEWMAN College 8/Rm 250			Clinical Workshop Exploring Childhood Dreams and Nightmares 1:00-3:00 ALAN SIEGEL College 8/Rm 240		Dream Workshop Dream Re-Entry with a Map 1:00-3:00 GINA PERLIN College 8/Rm 204		Video Event The Power of Dreams 12:15-3:00 College 8/Rm 201	
1:30											
2:00											
2:30											
3:00										3:00	

Want Stay In Touch with Fellow ASD Members During the Year and Increase Your Knowledge About Dreaming?

Members of ASD may:

1. Join an ASD committee or be part of our annual conference planning committee. See the handout in your registration packet or E-mail: ASDCentralOffice@aol.com
2. Create a free personal web page on the ASD home page. Contact Jean Campbell at the conference Café or e-mail Jean at: jccampb@aol.com
3. Join an ASD electronic study group (ASD E-Study Group). Join at the conference Café or log on to the ASD Web site (<http://www.ASDdreams.org>). You can also contact the E-Study leaders directly at the conference or via e-mail.

ASD Electronic Study Group Leaders, Topics, and E-mail Addresses

Dream Research: Mark Blagrove, Ph.D.,
M.T.Blagrove@swansea.ac.uk

Dreams, Creativity and the Arts: Richard Russo, M.A.,
rr@well.com

Psi Dreams: Precognition, Telepathy and Beyond: Rita Dwyer, DreamRita@aol.com



Clinical Use of Adult and Children's Dreams: Alan Siegel, Ph.D.,
dreamsdr@aol.com

Dreaming and Cyberspace: Richard Wilkerson, M.A.,
Rcwill@dreamgate.com

Dreams and Healing: Brenda Mallon, M.A.,
lapwing@gn.apc.org

Dreams and the Humanities: Kelly Bulkeley, Ph.D.,
KellyBulkeley@earthlink.net

Dreams and Film: Peggy Coats, M.P.A., pcoats@dreamtree.com

Dreams and Trauma: Ernest Hartmann, M.D.,
ehdream@aol.com

Dreams and Education: Kelly Bulkeley, Ph.D., Kelly-Bulkeley@earthlink.net

Lucid Dreams: Craig Webb, cwebb@dreams.ca

Dream Group Leaders: Justina Lasley, M.A.,
drmkpr@aol.com

Dreams and Spirituality: Carol Warner, M.S.W.,
cdwarner@aol.com

DREAM WORKSHOP

8:15–10:00 Porter College Fireside Lounge

HIGH DREAMWORK FOR SPIRITUAL GUIDANCE

Rosemary Guiley

In “high dreamwork,” our dreams are teaching tools for initiation into higher spiritual consciousness. We will use sacred sound, visualization and incubation ritual to meet the spiritual guides and masters of the dream plane and to obtain guidance about our life journey and soul’s path.

DREAM WORKSHOP

8:15–10:00 Performing Arts M110

THE LUCIDITY CONTINUUM

Ed Kellogg, Ph.D.

Would you like to step into a world where magic works and where the possibilities for personal transformation have no known limits? This workshop will teach practical methods for bringing full waking consciousness into your dreams, will explore what the ‘lucid’ in lucid dreaming really means, and will show how to use lucid dreaming for healing, spiritual growth, and just for fun.

EXPRESSIVE ARTS WORKSHOP

8:15–10:00 College 8 Room 201

MYTHOTHEATRICALS: DREAMING AS IMAGES ON STAGE

Marie Elliot-Gartner, Ph.D.

Participants will be actively involved by way of a choreographic technique in creating images on stage. The approach is one of entering and extending the dreaming going on in and around us in our wakeful state rather than delving into personal dreams of the night. Dreaming will be expressed in a physical form.

EXPRESSIVE ARTS WORKSHOP

8:15–10:00 College 8 Room 204

THE HARRIET PROJECT: AN INNOVATIVE APPROACH TO DREAM EDUCATION IN THE CLASSROOM

Sarah Ridberg

The Harriet Project is a new, two-part educational program, geared to children ages 7 through 12. The project begins with a play for young audiences about the journeys of Harriet Tubman, who valued her dreams, letting them guide her and other slaves to freedom. This is followed by classroom workshops in “Dreamplay”—the use of dreams for creative writing, art, theater and other creative expression. This event is an open forum for feedback and ideas to develop this project.

EVENT

9:00–10:30 College 8 Café and Upper Patio

SOCIAL HOUR AND COMPUTER CAFÉ OPEN HOUSE**EVENT**

10:00–10:30 College 8 Café and Upper Patio

ANNUAL DREAM TELEPATHY CONTEST: INSTRUCTIONS

Rita Dwyer and Robert Van de Castle, Ph.D.

Try your psi! Test your dreaming mind’s ability to tune into a visual target which will be broadcast telepathically during the night. Loosely patterned on the cutting edge experiments in dream telepathy done at Maimonides Dream Laboratory in Brooklyn by Drs. Stanley Krippner and Montague Ullman, the annual ASD contest is a playful but surprisingly successful way to test your own telepathic skills. Instructions will be given making it easy to join in the fun.

SATURDAY JULY 14*Themes For the Day***Psychotherapeutic Approaches to Nightmares, Sleep Disorders and Nightmares, Clinical Uses of Nightmares, Psychological and Biological Functions of Nightmares**7:30–8:30 **BREAKFAST** COLLEGE 8 DINING HALL7:30–8:30 College 8 Dining Hall
MORNING DREAM GROUPS**SYMPOSIUM AND WORKSHOP****CE, MCEP**

9:00–10:45 College 8 Room 240

THE FORMS AND OCCURRENCE OF NIGHTMARES

Alan Siegel, Ph.D. (Chair)

Surveys of Nightmare Frequency and Distress

After a brief introduction to the two-day CE course, Nightmares and the Life Cycle, participants will engage in a brief

informal survey of nightmare frequency involving personal sharing and have an opportunity to examine and complete Belicki’s Nightmare Distress Questionnaire.

The Nightmare: A Part of Normal Healing, a Symptom of Another Condition or a Condition Requiring Treatment?

Ernest Hartmann, M.D.

This paper will define a nightmare, differentiate it from Night Terrors and other phenomena. Often a nightmare is not a condition requiring treatment. At times, the nightmare may be a normal reaction to stress or trauma. At other times the nightmare can be a symptom, e.g., of a developing psychosis; or a reaction to medications. In these situations treatment is needed, but not for the nightmare as such.

Towards a Unified Theory of Idiopathic Nightmares

Ross Levin, Ph.D.

Recent experimental research on both the correlates of idiopathic nightmare production, and their relation to waking psychopathology and emotional well-being, will be extensively reviewed with the aim of providing an updated unified theory of this phenomenon from a clinical perspective, within a cognitive science paradigm.

SYMPOSIUM**CE, MCEP**

9:00–10:45 College 8 Room 252

JUNGIAN PERSPECTIVES ON DREAMING**Dreams and Our Relation to Reality**

Bonnelle Strickling

Throughout his work, Jung explored the relation between the conscious and the unconscious. He believed that the complexities of contemporary life have required the development of a particularly powerful barrier between the conscious and unconscious. It will be argued that work with dreams, especially dreams about the Divine, has a direct effect on our experience of ourselves and others and ultimately, on our experience of reality and development of values.

Alchemical Symbolism in Dreams: A Clinical Approach

Lee Weiser, Ph.D.

This presentation serves as an introduction to the use of an alchemical model for identification of elemental dream motifs. Familiarity with the language of alchemy is a useful clinical tool for recognizing imaginal indications of subtle psychological transformations occurring in the life of the dreamer.

“Cooking,” or Transformational Processes: An Alchemical Approach to Dreamwork

Sven Doehner, Ph.D.

This paper is about the “cooking,” or transforming processes in an alchemical approach to dreamwork. We will focus on how to recognize and work creatively and effectively with resistances and projections as essential to the work of transformation made possible when the imagination is taken fully into account.

In Defense of Little Dreams

Jane White-Lewis, Ph.D. (Chair)

Recently we have heard a lot about “big,” “intensified,” and “root metaphor” dreams. This presentation will focus on the unappreciated value and potential of “little,” “trivial,” “boring” dreams, and on their relationship to “root metaphor” dreams. Examples will be drawn from analytical practice and from a high school dream course.

DREAM WORKSHOP

9:00–10:45 College 8 Room 201

APPRECIATING DREAMS: THE ULLMAN APPROACH

Wendy Pannier

This workshop will explain Dr. Montague Ullman’s dynamic four-step group approach, after which the group will work on a participant’s dream using the process. Safety of the dreamer is a primary tenet of the process, and the dreamer remains in control at all times. This approach helps people tap the potential of their dreams—and also shows how dreams connect us, one to another.

WORKSHOP**CE**

9:00–10:45 College 8 Room 204

DREAMWORK: AN ATHEORETICAL FORMAT FOR INTRODUCTORY DREAM PSYCHOLOGY CLASSES

Steven Pilgram, M.A.

This workshop will introduce you to a step-by-step format requiring no prior knowledge of dreamwork, that will allow virtually any student to discover multiple layers of meaning within a dream. The format emphasizes both the inner meaning of the dreamworld and its relevance to the waking world around us. For teachers, it offers a simple system for assigning points/grades to the work.

SYMPOSIUM**CE**

9:15–10:45 Performing Arts M110

LANGUAGE AND MEANING IN DREAMS**Wonder, Learning, and the Ongoing Significance of the Significant Dream**

Roger Knudson, Ph.D.

In this paper, the author continues his reflection on the ongoing significance of some dreams in individuals’ experience. Various referred to as “big” dreams, “impactful” dreams, or “root metaphor” dreams, such significant dreams have received relatively little attention in the dream literature.

Are We Having Pun Yet? A Re-view of Tropes in Dreams

Patricia Kilroe, Ph.D.

Metaphor, metonymy, punning, irony, and hyperbole: Traditionally referred to as rhetorical figures, in recent decades these tropes have come to be understood from broader cognitive and semiotic perspectives. This paper re-views the appearance of these five tropes in dreams and, along with idioms, explores their relationship to language.

The Committee of Sleep Creates a Language

Deirdre Barrett, Ph.D.

Writing is rare in dreams; however, one entire language system originated there. The alphabet of Vai was “dreamed up” in the mid 1800’s. Within 15 years, nearly everyone in the capitol city of Monrovia could read and write the sophisticated script. Vai literacy survives to this day despite the

current Liberian government's policy of teaching only English. The language, the dream that created it, and the role of societal expectations about dreams will be discussed.

EVENT

10:00–11:00 College 8 Café

ONLINE EVENT WITH GLOBAL PARTICIPATION

News, interviews, questions and answers with dream personalities using Paltalk.

INVITED ADDRESS**CE MCEP**

11:00–NOON Performing Arts M110

FINDING OUR WAY IN THE DARK

John Beebe, M.D.

An acclaimed presenter at ASD's 1985 and 1996 conferences, Dr. Beebe, president of the San Francisco C.G. Jung Institute, will explore Jungian perspectives on working with the shadow and interpreting nightmares and will also draw from his 35 years of experience working with dreams and nightmares.

EVENT

12:00–1:00 College 8 Dining Hall

LUNCH WITH ASD OFFICERS, BOARD AND COMMITTEE CHAIR

Join a working discussion of ASD issues and learn how to volunteer to help ASD, join committees, work on conferences and join the ASD board.

12:00–1:00

LUNCH**COLLEGE 8 DINING HALL****VIDEO EVENT****CE, MCEP**

12:00–5:00 College 8 Room 250

DREAM VIDEO FESTIVAL**The Power of Dreams Discovery Channel Films****Carl Gustav Jung: Artist of the Soul****The Wise Old Dog****Nightmare Help****DREAM WORKSHOP****CE**

1:00–3:00 Porter College Fireside Lounge

UNIVERSAL DREAMS, THEMES AND MOTIFS

Patricia Garfield, Ph.D.

After a brief description of the findings in the author's research on universal dreams, drawing on the responses from 500 participants around the world, workshop participants will practice "unlocking" key motifs from the 12 universal dream themes, as well as personal motifs from their dreams.

PANEL DISCUSSION**CE, MCEP**

1:00–3:00 College 8 Room 240

THE CAUSES AND FUNCTIONS OF NIGHTMARES, DREAMS AND REM SLEEP

Mark Blagrove, Ph.D. (Chair); Katja Valli Ph.D.; David Kahn, Ph.D.; Tony Zadra, Ph.D.

Do we rehearse threat avoidance during nightmares? What is the relationship between dreams and REM sleep? Does REM sleep aid memory? How do NREM dreams, and waking cognition, differ from REM dreams? These questions have been addressed in the December special issue of the prestigious journal *Behavioral and Brain Sciences*. The panel will discuss these questions and give their views on the special issue.

CLINICAL WORKSHOP**CE, MCEP**

1:00–3:00 College 8 Room 252

CLINICAL USE OF DREAMS AND NIGHTMARES AT LIFE TRANSITIONS

Alan Siegel, Ph.D.

This workshop explores techniques and principles for introducing and working with dreams and nightmares in psychotherapy, including introducing dreams, working with a series of dreams, transference and countertransference issues, cultural identity and acculturation issues in dreams, ethical considerations, dreams and the stages of psychotherapy, dreams in clinical supervision, dreams as a form of resistance and common themes encountered during life crises and turning points. Participants are encouraged to bring examples of clients' dreams to share.

DREAM WORKSHOP

1:00–3:00 College 8 Room 204

OVERCOMING IMPASSES IN DREAMS

Robert Hoss, M.A.

This workshop is for professionals and anyone interested in personal dreamwork. The approach is based on a unique combination of Gestalt and Jungian theory for working with dream imagery (including archetypal form, color and numbers). Focus will be on recognizing and working with personal impasse imagery, and personal myth, which inhibits the dreamer from progressing in the dream as well as in waking life.

DREAM WORKSHOP**CE, MCEP**

1:00–3:00 College 8 Room 201

USING HYPNOSIS TO WORK WITH YOUR DREAMS

Deirdre Barrett, Ph.D.

Hypnosis is a state of consciousness with many similarities to dreaming, especially lucid dreaming. This workshop will present ways of combining hypnosis and dreamwork including inducing hypnotic dreams, working with nocturnal dreams during hypnosis, and hypnotic and self-hypnotic suggestions to aid general dream recall and incubate specific dream content such as dream lucidity.

RESEARCH PRESENTATION

CE, MCEP

3:15–5:00 College 8 Room 240

NIGHTMARES AND SLEEP DISORDER IN FIRESTORM AND DISASTER SURVIVORS**Barry Krakow, M.D.**

The Cerro Grande Firestorm in Los Alamos, New Mexico occurred in May, 2000 and resulted in the evacuation of virtually the entire city. The National Institute of Mental Health funded a study, "Treatment of Sleep and Psychiatric Disorders in Firestorm Survivors." Data will be presented describing the prevalence of PTSD and sleep disorders, including nightmares, psycho-physiological insomnia and potential sleep-disordered breathing in 80 treatment-seeking patients. Treatment results subsequent to a six-week program of "Sleep Dynamic Therapy" for nightmares, insomnia and cognitive distortions about sleep will also be reported as well as the impact of sleep treatment on PTSD.

RESEARCH SYMPOSIUM

CE, MCEP

3:15–5:00 College 8 Room 252

THE INCIDENCE AND FUNCTIONS OF NIGHTMARES AND RECURRING DREAMS**Posttraumatic Nightmares in Kuwait Following the Iraqi Invasion****Deirdre Barrett, Ph.D. (Chair)**

This paper will first review Arabic and Moslem beliefs about how dreams foretell the future. Then we will describe post-traumatic stress disorder in Kuwait following the Iraqi invasion and occupation of 1990–91, especially the recurring nightmares. Finally, we will describe how the two interact to make Kuwaiti posttraumatic nightmares even more likely to provoke anxiety about recurrence of the event than in other cultures.

The Threat Simulation Theory of Dreaming**Katja Valli, Ph.D.**

The latest theory on the function of dreaming, the threat simulation theory, considers dreaming to be a biologically functional, evolutionarily ancient threat simulation mechanism. This talk will present the main hypotheses derived from the theory, the hypotheses we are currently empirically testing with the results of our research thus far.

Psychopathology and the Distinction Between Nightmare Frequency and Nightmare Distress**Mark Blagrove, Ph.D.; Laura Farmer; and Elvira Williams**

There have been conflicting results on whether waking stress and psychopathology affect nightmare frequency and/or distress at having nightmares. This paper reports results of a diary study into this, which assesses also effects on distress during nightmares.

PANEL DISCUSSION

CE

3:15–5:00 College 8 Room 204

ARCHETYPES, THE ARCHITECTURE OF OUR DREAMS**Martha Peacock (Chair); Marie Elliot-Gartner; Peter Plessas, M.A.; Francesca Ferrentelli**

Mythological images and symbols that appear in dreams often reveal collective patterns operating unconsciously in our lives. Using theory, personal experience and the imaginal lens of archetypal psychology, the relationship between these patterns and mythological figures will reveal larger patterns of a collective consciousness at work within the psyche.

DREAM WORKSHOP

CE

3:15–6:00 Porter College Fireside Lounge

"IF IT WERE MY DREAM . . .":**AN INTRODUCTION TO LEADERLESS PROJECTIVE GROUP EXPLORATION OF DREAMS****Reverend Jeremy Taylor, D.Min., S.Th.D. (hon)**

After a presentation of the basic tools and techniques of projective, ". . . if it were my dream," dreamwork, (with particular emphasis on the basic ethics governing dream exploration, and the mutual agreements regarding anonymity and confidentiality), participants in the workshop are encouraged to share a dream. Since every participant imagines his or her own version of the dream under discussion, the "aha's" of insight and the other benefits of the work are never limited just to the original dreamer, but are shared generously throughout the group.

DREAM WORKSHOP

3:15–6:00 College 8 Room 201

NIGHTMARES AND INSPIRATIONAL DREAMS**David Gordon, Ph.D.**

This workshop will focus on the phase of the Mythic Journey known as the Calling. Experiential work and didactic discussion will focus on three archetypal dream motifs associated with the Calling and how these dreams teach the values needed to respond to our psyche's call for renewal and awakening.

5:30–7:00

DINNER**COLLEGE 8 DINING HALL**

EVENT

5:30–7:00 College 8 Café

FREE FACE PAINTING FOR DREAM BALL

Limited space is available. Sign up at the Information booth!

EVENT

8:30–12:00 Porter College Dining Hall

COSTUME DREAM BALL

SUNDAY JULY 15

Themes for the Day

Children's Dreams and Nightmares, Clinical Uses of Dreams and Nightmares, Dreams, Expressive Arts, and Personal Growth

7:30–8:30 **BREAKFAST** COLLEGE 8 DINING HALL

PANEL DISCUSSION

9:00–10:15 College 8 Room 250

DREAMS AS A LINK TO SPIRIT

Kimmy Johnson and Karen Jaenke, Ph.D.

The central thrust of the panel presentation is to track the process of recovering indigenous ways of knowing, of remembering what has been dis-membered, through intention and attention to one's dreams. Transformation of perception involves overcoming the dissociation inherent in socialization into the postmodern Western paradigm, to arrive at a place of embodied perception, of psychic kinship with a living world.

DREAM VIDEO AND DISCUSSION

9:00–11:00 College 8 Room 201

THE LATHE OF HEAVEN

Acclaimed PBS Movie based on the novel by Ursula LeGuin with a short discussion following the film.

CLINICAL WORKSHOP

CE, MCEP

9:00–NOON College 8 Room 240

NIGHTMARES AND SLEEP DISORDERS

Barry Krakow, M.D and Dominic Melendrez

Dream therapists and other mental health professionals often encounter PTSD patients with complex sleep problems, which include nightmares and other sleep disorders. Such therapists are in an ideal position to evaluate these sleep disorders. This presentation/workshop will detail the research of the past five years that laid the foundation for a deeper understanding of the complex nature of sleep disturbance in trauma survivors. This material will be integrated into a pragmatic system to enhance the clinician's ability to appreciate the mechanisms of these complex sleep relationships and to improve the clinician's ability to diagnose these disorders.

CLINICAL WORKSHOP

CE, MCEP

9:00–NOON Porter College Fireside Lounge

DREAMWORK FOR PASTORAL COUNSELORS AND CHAPLAINS AND THE SPIRITUAL SIGNIFICANCE OF NIGHTMARES

Reverend Jeremy Taylor, D.Min., S.Th.D. (hon)

Working primarily with dreams presented by the workshop participants, (both their own and their clients'), we will explore some of the archetypal resonances of nightmare imagery and experience, trying out various techniques for overcoming fear and repugnance, discovering the gifts of spiritual knowledge and communion with the Divine that lie hidden in every dream—especially in every nightmare.

CLINICAL WORKSHOP

CE, MCEP

10:00–NOON College 8 Room 252

IS THE CI (CENTRAL IMAGE OR CONTEXTUALIZING IMAGE) THE FAST LANE ON THE ROYAL ROAD TO THE UNCONSCIOUS?

Ernest Hartmann, M.D.

The Contextualizing Image or Central Image (CI) is a powerful image in a dream which can be understood as picturing the dominant emotion or emotional concern of the dreamer. In this workshop, participants will examine some of their own dreams to determine whether their memorable dreams, or "big dreams," contain CIs, and if so, what emotions are pictured. Participants will have a chance to work on their own dreams, starting with the CI to determine whether this is useful in dreamwork. We may also try to construct or build a dream using the CI model.



EXPRESSIVE ARTS WORKSHOP

10:00–NOON College 8 Room 204

MAKING A BOOK FOR A DREAM

Betsy Davids

This workshop will introduce making books as a way of honoring and expressing a memorable dream. Each participant will make a book structure and fill it with words, images, and objects that evoke the dream. Tools and materials will be provided, but participants are encouraged to bring relevant materials.

DREAM WORKSHOP

10:30–NOON College 8 Room 250

THE PLIGHT OF THE EARTH: A FORUM FOR DREAM SHARING

Kimmy Johnson; Francesca Boring; and Karen Jaenke, Ph.D.

How do we as a people face what we are doing to the Earth? What wisdom do our dreams bring to the devastation and looming impasse that, according to both native prophecies and environmental predictions, our generation will face? This workshop creates a forum for sharing collective dreams of the Earth's plight.

DREAM VIDEO**CE, MCEP**

11:00–NOON College 8 Room 201

GOODNIGHT MOON AND OTHER SLEEPY TIME TALES

HBO Video with Commentary by Alan Siegel, Ph.D.

See description from previous showing on Wednesday at 1:15 PM. We will view the video, *Goodnight Moon* that will be followed by a guided discussion for parents.

EVENT

12:00–1:00 College 8 Dining Hall

LUNCH WITH THE EXPERTS

Have lunch with your favorite dream expert. See registration packet or handout for details.

12:00–1:00

LUNCH**COLLEGE 8 DINING HALL****VIDEO EVENT****CE, MCEP**

12:15–3:00 College 8 Room 201

THE POWER OF DREAMS DISCOVERY CHANNEL FILMS12:15–1:10 **Part I: The Search for Meaning**1:15–2:05 **Part II: The Creative Spark**2:00–3:00 **Part III: Sacred Sleep****EXPRESSIVE ARTS WORKSHOP****CE**

1:00–3:00 College 8 Room 252

TRACKING COHERENCE IN DREAMS AND LIFE: A JOURNALING ROUNDTABLE (PART 2 OF 2)

Gloria Sturzenacker and Cynthia Pearson

To learn from one another how best to manage our dream records and share the astonishing coherences we find there, participants will review their journals at the beginning and end of the conference to report and reflect on the synchronicities that are so often observed but rarely documented.

CLINICAL WORKSHOP**CE, MCEP**

1:00–3:00 College 8 Room 240

EXPLORING CHILDHOOD DREAMS AND NIGHTMARES

Alan Siegel, Ph.D.

Common themes and developmental issues using participants' childhood dreams, patients' dreams, and our own children's dreams will be explored. Information and handouts on recurring dreams, nightmares in childhood plus demonstrations of creative remedies for resolving nightmares using artwork, dialogue, and narrative rescripting will be shared. Bring typed childhood or children's dreams if available.

DREAM WORKSHOP

1:00–3:00 College 8 Room 204

DREAM RE-ENTRY WITH A MAP

Gina Pearlin, C.H.T.

Dream re-entry through self-hypnosis, combined with an understanding of the dynamics described in the dream story is an effective way of exploring and receiving information about a dream. Participants will create a map of their dream based on story-line, characters, and symbols to prepare for a guided dream re-entry.

DREAM WORKSHOP

1:00–3:00 College 8 Room 250

BRINGING DREAMWORK APPROACHES TO WAKING LIFE

Zoe Newman, M.F.T.

Bringing dreamwork approaches to waking life can offer new perspective, insight and growth. In this workshop we'll explore how to find meaning and creative possibilities, and facilitate others in doing so, through exploring problematic experiences, situations and relationships "as if it were a dream."



List of Presenters

Marc Ian Barasch is the author of the award-winning book *Healing Dreams*. The two previous books in his “healing trilogy” are *The Healing Path* and *Remarkable Recovery*. Marc has also been editor-in-chief of *New Age Journal*, a contributing editor at *Psychology Today* and editor-at-large for *Natural Health*, as well as short-listed twice for the PEN Award. He has produced and written documentaries for the Discovery Channel and is currently producing a feature film, *Disturbance*.

Deirdre Barrett, Ph.D., is author of *The Committee of Sleep: How Artists, Scientists, and Athletes Use Their Dreams for Creative Problem Solving—and How You Can, Too, The Pregnant Man and Other Cases from a Hypnotherapist’s Couch* and editor of *Trauma and Dreams*. Dr. Barrett is editor-in-chief of *Dreaming*, past president of ASD and Assistant Professor at Harvard Medical School.

John Beebe, M.D., is president of the C. G. Jung Institute of San Francisco. He has been working with dreams in medical, psychiatric, and analytic practice since 1965. Dr. Beebe is Clinical Assistant Professor, University of California, San Francisco. His numerous publications on dreaming and other topics span over two decades and include his book, *Integrity in Depth*. His keynote address at the 1996 ASD conference was widely acclaimed.

Kim Birdsong, M.A., is a Spiritual Consultant in private practice and has a Master’s Degree in Transpersonal Studies and a Certificate in Women’s Spiritual Development from ITP. Through DreamTending, she assists clients in establishing ongoing relationships with the living images in their dreams. She also hosts a weekly radio show “Spirit Matters” on KNRY AM 1240.

Mark Blagrove, Ph.D., is president-elect of ASD and a consulting editor of the ASD journal *Dreaming*. He researches into the psychology of dreaming and also sleep deprivation at the University of Wales Swansea, where he teaches a course on sleep and dreams.

Fariba Bogzaran, Ph.D., is an Associate Professor at the Department of Consciousness Studies and Department of Arts and Consciousness at JFK University where she developed and directs the Dream Studies program. She is an artist and curator of numerous exhibitions on dreams, lucidity and art, and author of *Through the Light* and co-author of *Extraordinary Dreams*. She is also co-founder and director of the non-profit organization, Lucid Art Foundation.

Francesca Mason Boring, B.A., R.C., is a bicultural woman and registered member of the Shoshone Nation who facilitates Family Matrix Constellations not as “therapy” but as a transformational walk with the family soul. The indigenous “knowing field,” prophetic and healing dreams, and story telling are integral to her life and ancestry.

Robert Bosnak, J.D., is a Jungian psychoanalyst and author of *A Little Course in Dreams*; *Tracks in the Wilderness of Dreaming*; *Christopher’s Dreams—Dreaming with an AIDS-patient*, and several chapters in other books. He trains analysts and dreamworkers worldwide and has organized conferences on dreaming, the psychological undercurrents in politics, ethnic violence, and international relations. Robert Bosnak is the founder of cyberdreamwork.com, a web site dedicated to global

internet dreamwork through the use of voice programs, and is presently developing methods for computer assisted psychotherapy and dreamwork.

Kelly Bulkeley, Ph.D., is a former president of ASD and author of numerous academic and popular articles and reviews, as well as several recent books on dreams, including *Transforming Dreams* and *Visions of the Night*. He teaches at Santa Clara University and the Graduate Theological Union, and received his doctorate in Religion and Psychological Studies from the University of Chicago Divinity School.

Jean Campbell is the former director of the Poseida Institute. Her study of group dreaming produced one book, *Dreams Beyond Dreaming*, and numerous articles. A second book, *Group Dreaming: Dreams to the Tenth Power*, is nearing completion. Having trained for eight years in Energetic Metatherapy with Dr. Hector Kuri-Cano of Guadalajara, Mexico, Jean works as an educator, dreamworker, and writer, conducting individual sessions and workshops in DreamWork/BodyWork.

Peggy Coats, M.P.A., is director of the Dream Tree, an online and offline resource center for dreamers since 1995, and the news director of *Electric Dreams*, an online e-zine dedicated to developing a global dream community. A journal keeper since 1972, Peggy also serves on the board of the ASD.

Tom Crockett, M.F.A., is a writer, teacher, and shamanic counselor. He is the editor of *Dream Artist Tribe: A Newsletter of Urban Contemporary Shamanism* and author of *The Artist Inside: A Spiritual Guide to Cultivating Your Creative Self* and *Turtle Island Dreaming*. He is a student and apprentice in cross-cultural shamanic practice and maintains a private shamanic counseling practice.

Betsy Davids, M.A., teaches book arts and writing at California College of Arts and Crafts, where she chairs the Printmaking program. Her narrative writing and artist’s books are based on dreams.

Daniel Deslauriers, Ph.D., is an Associate Professor and director of the East/West Psychology Program, California Institute of Integral Studies.

Sven Doehner, Ph.D., M.F.A., is the director of the Instituto de Psicología en Mexico. He has worked with James Hillman and Robert Bosnak, as well as with indigenous healers in the Yucatan and Oaxaca, Mexico. He has guided dreamsharing groups in Brazil, Greece, Lithuania, Peru, Mexico, the Soviet Union, the United States, and Uruguay.

G. William Domhoff, Ph.D., has been involved in dream research for 40 years. He is the author of numerous articles and books, including *Finding Meaning in Dreams* and “A New Neurocognitive Theory of Dreams,” *Dreaming*, Vol. 11, No. 1, 2001.

Beverly D’Urso, a lucid dreamer all her life, has done research on the topic since the 1970s with Dr. Stephen LaBerge. She leads her own groups and workshops on Lucid Dreaming/Lucid Waking. Numerous books, magazines, conferences, and TV specials have featured her work and dream experiences, which emphasize living life as a dream.

Rita Dwyer, a former aerospace chemist, is a convert from outer to inner space. She is an ASD Founding Life Member, past president, and retired executive officer. She is a founder/facilitator of the Metro D.C. Dream Community (meeting since 1983) and a certified Pastoral Counselor.

Francesca Ferrentelli is a psychotherapist in St. Louis, Missouri, specializing in eating disorders, chemical dependency and adolescent psychology. She is currently working on her doctoral dissertation in Mythological Studies at Pacifica Graduate Institute and has been doing serious dream work since 1987.

Harry Fiss, Ph.D., is Professor Emeritus, University of Connecticut School of Medicine, and member of the affiliate faculty at the University of Hartford's Doctoral Program in Clinical Psychology. A pioneer in dream research, he has published more than 50 journal articles and chapters, given over 100 invited presentations, and been the subject of numerous television interviews. He is currently working on developing an empirical base for a theory of dream function in terms of Self Psychology. His forthcoming book to be published by Brunner/Mazel will be entitled, *The Dreaming Self: A Scientific Exploration*.

Patricia Garfield, Ph.D., one of the six co-founders of the Association for the Study of Dreams, is a worldwide dream expert. She has written six books on dreams, including the bestseller *Creative Dreaming*. Her latest, *The Universal Dream Key: The 12 Most Common Dream Themes Around the World*, was just published.

Marie Elliot-Gartner has been an active theatre-maker for the last ten years, directing and organizing plays in German and in English. She is currently a doctoral candidate at Pacifica Graduate Institute and her involvement with dreamwork is in terms of extending the dream into the wakeful world by way of theater, especially through images composed of movement, music and sound.

Robert P. Gongloff, M.A., is a dream steward with the Black Mountain Wellness Center, Black Mountain, North Carolina, and member of the ASD board of directors. He provides individual dream counseling, and conducts dream groups, workshops and weekend retreats. He has also hosted two ASD international dream conferences.

David Gordon, Ph.D., is a Clinical Psychologist in private practice and founder of the Dreamwork Institute in Norfolk, VA. He has co-hosted the public radio program *DreamWorks* and currently writes a monthly column on dreams for *Visions Magazine*. David is a board member of the C. G. Jung Society of Tidewater, Virginia and ASD's membership chair.

Dale E. Graff, M.S., is an internationally recognized lecturer, writer and researcher on psi topics. He is a physicist and a former director of project Stargate, the government program for research and applications of remote viewing phenomena, and the author of *Tracks in the Psychic Wilderness* and *River Dreams*.

Rosemary Ellen Guiley is the author of *Dreamwork for the Soul*, *The Encyclopedia of Dreams*, *Dreamspeak: How to Understand the Messages in Your Dreams*, and *Breakthrough Intuition* as well as numerous other books on spiritual, metaphysical and inspirational subjects. She is a member of the ASD board of directors.

Fran Harris, M.A., received her degree in Spirituality with a concentration in Dream Work from the Institute in Culture and Creation Spirituality (ICCS) at the College of Holy Names, Oakland, California. In her ongoing course of recovery from serious brain trauma received in an auto accident, she made extensive use of dreamwork and expressive arts-as-meditation, particularly drawing, painting and composing poetry, inspired by her dreams and waking visions and hallucinations.

Ernest Hartmann, M.D., is Professor of Psychiatry at the Tufts University School of Medicine and director of the Sleep Disorders Center at Newton-Wellesley Hospital. Dr. Hartmann is a past president of ASD and was the first editor-in-chief of ASD's professional journal, *Dreaming*. He is the author of 300 published articles and eight books, the most recent being *Dreams and Nightmares: The New Theory on the Origin and Meaning of Dreams*.

John W. Herbert, Ph.D., attended the C. G. Jung Institute in Zurich, continued Jungian work in San Francisco, and later as a student at Saybrook Institute conducted dream groups using the Ullman Method. He designed the format necessary for online dream postings, conducted dream groups on Delphi, the WELL, Compuserve, Seniornet, and America Online, and participated in Jeremy Taylor's AOL Dream Show. His Ph.D. dissertation topic was "Group Dreamwork Utilizing Computer Mediated Communication" (<http://www.dreamgate.com/herbert>).

Curtiss Hoffman, Ph.D., is an archaeologist and consciousness researcher in the Department of Sociology and Anthropology at Bridgewater State College. He is particularly interested in cultural systems of thought related to dreaming, myth, ritual, visions, religious iconography, and symbolism, and authored *The Seven Story Tower: A Mythic Journey through Space and Time*.

Brigitte Holzinger, Ph.D., a resident of Vienna, Austria, facilitates creative dreaming and lucid dreaming programs. She is a psychologist and psychotherapist for Gestalt therapy, and a founding member of the Austrian Sleep Research Association and the Institute for Consciousness and Dream Research.

Bob Hoss, M.S., chair of the ASD board of directors, was formerly an instructor of Dream Psychology at Richland College and president of the Texas Parapsychology Association. He has been investigating dreams since 1974. Trained in Gestalt technique among other dreamwork disciplines, he has been a presenter at eight ASD conferences and an invited speaker by organizations such as HARA, the American Holistic Nurses Association, Eastfield College, and the Association for Humanistic Psychology.

Scott Hughes, M.A., is a writer and systems engineer who lives in Colorado. His book *Inner Light: Your Fantasies and Dreams* can be read online at <http://www.ideapyramid.com>. He is the originator of the philosophy of ideapyramid.

Karen Jaenke, M.Div., Ph.D., recently completed her doctoral dissertation "Personal Dreamscape as Ancestral Landscape" on the role of dreams in recovering indigenous knowledge. Her relationship with dreams began in Jungian analysis, deepening through a powerful

descent and healing journey that reached back to birth and then to her ancestors, human and non-human.

Kimmy Johnson is completing a Ph.D. in Traditional Knowledge at the California Institute of Integral Studies and teaching at CIIS and John F. Kennedy University.

David Kahn, Ph.D., is a researcher at the Harvard Neurophysiology Lab and recently published findings on how characters are recognized in dreams.

Bette Kaiser, M.A., M.F.T., is a Ph.D. candidate in East/West Psychology, California Institute of Integral Studies.

E. W. Kellogg III, Ph.D., earned his Ph.D. in biochemistry from Duke University. A proficient lucid dreamer himself, he has a long-standing interest in the phenomenology of dreaming. He has presented numerous papers and workshops on such topics as the lucidity continuum, lucid dream healing, lucid dream incubation, out-of-body experiences, and the use of magic in lucid dream reality.

Kate Kelley, M.S., M.F.T., has an M.S. in Psychology from Cal State San Bernardino. She has extensive training in Psychodrama and is certified in DreamTending through Pacifica Graduate Institute. She practices in Riverside and Laguna Beach, specializing in psychospiritual counseling, intuitive development, dreamtending and dream theater. She writes a bi-monthly column on dreams for *The Coastline* in Laguna Beach.

Patricia Kilroe, Ph.D., has been a student of dreams for the past twenty years and has been writing about the role of language in dreaming since 1995. She is assistant professor of linguistics in the Department of English at the University of Louisiana at Lafayette.

Philip H. King, Ph.D., is Professor of Quantitative Methods and Psychology at Hawaii Pacific University, where he teaches a course on dreams. His research areas include cultural and gender differences in dreams, dreams of health care professionals, factors in dream orientation, and dream manifestations of second language learning.

Roger Knudson, Ph.D., is Director of Training in the Ph.D. program in clinical psychology at Miami University. A licensed psychologist, he maintains a limited private practice focused primarily on individual psychotherapy with adult men. He has taught undergraduate courses on dreams for over 20 years, his current version being a senior capstone course titled, "Dreams, Dreaming, and Dreamers." He has presented papers at three ASD conferences based on his efforts to understand the enduring significance of some dreams.

Barry Krakow, M.D., is a board certified sleep disorders specialist and medical director of the new non-profit sleep research center, Sleep & Human Health Institute. He has extensive experience in treating patients with nightmares and sleep disorders.

Milton Kramer, M.D., has been involved in research in dreaming and the diagnosis and treatment of Sleep Disorders since 1960. He is a past president of ASD and a founding member of the Association of Sleep Disorders Centers. Dr. Kramer has authored over 140 articles in the area

of dreams and sleep disorders and edited three books on dreaming, *Dream Psychology and the New Biology of Dreaming*, *Dimensions of Dreams*, and *The Functions of Dreaming*. Dr. Kramer is Clinical Professor of Psychiatry at NYU and director of the Sleep Consultation Service.

Stanley Krippner, Ph.D., is internationally known for his pioneering work in the scientific investigation of human consciousness, especially such areas as creativity, parapsychological phenomena and altered states of consciousness. A past president of ASD, he has written and edited over 500 articles and several books, including *Healing States* (co-author), *Dreamworking* (co-author), and *Advances in Parapsychological Research* (Ed.).

Stephen LaBerge, Ph.D., received his doctoral degree in Psychophysiology from Stanford University and is internationally known for his pioneering work in lucid dreaming. He is the author of *Lucid Dreaming* and co-author of *Exploring the World of Lucid Dreaming*. He is a Research Associate in the Department of Psychology at Stanford and director of Research at the Lucidity Institute.

Justina Lasley, M.A., is a dream specialist who uses her love of art and images in applications of dreamwork. She has led dream groups for over ten years at Trinity Presbyterian and the N.E. Counseling Center in Atlanta. She earned her M.A. in Transpersonal Psychology with an emphasis in dream studies and also studied at the University of Paris, Pacifica Graduate Institute, and with leading authors and dream specialists. She has presented numerous workshops and lectures, including programs for the ASD International Conferences.

Barbara H. Leake, M.A., R.N., conducts dream workshops and offers individual dreamwork. She holds an M.A. in Counseling and a B.S. in Nursing, has studied transpersonal psychology and participated in a Professional Enrichment Program for Jungian Studies. She is a licensed Clinical Mental Health Counselor.

Ross Levin, Ph.D., is Associate Professor of Psychology at Ferkauf Graduate School of Psychology. Dr. Levin is the author of over two dozen articles on various dimensions of dreaming. Levin's current interests include understanding the etiology of nightmares (and particularly their relationship to waking psychopathology), the relation of waking to dreaming cognition, and dreaming as a dissociated state of consciousness.

Vera M. Lind, M.A., M.Mus., is a Ph.D. student at the Institute of Transpersonal Psychology, Palo Alto, California. She is a long-time dream journaler (30 years) and dream group member, with interest in transpersonal issues in communication and healing. A student of Jeremy Taylor, her background also includes teaching and performance in music and theatre, creative expression and spiritual guidance to support psychological and spiritual health.

Tallulah R. Lyons, M.Ed., facilitates a weekly dream group with cancer survivors at the Wellness Community in Atlanta, Georgia. She combines art and dreamwork with her career as a special education director, teacher and consultant. She is certified in dreamwork through the Haden Institute.

Linda Lane Magallón, M.B.A., created the Fly-By-Night Club research group to study mutual, lucid, telepathic and flying dreams. Linda is the author of *Mutual Dreaming*, *Psychic-Creative Dreaming* and the "Dream Trek" column of *Electric Dreams*. She is a founding member of ASD and co-founder of the Bay Area Dreamworkers Group.

Loraine Magda is a JFK University M.A. student in Consciousness Studies. Previously Ms. Magda practiced as a hydrogeologist for six years.

Roger Martinez has been involved in the study of dreams for over nine years. He co-led a morning dream group at the Fourteenth Annual Dream Conference in Asheville, North Carolina, at the Fifteenth Annual Conference in Hawaii and the Sixteenth Annual Dream conference in Santa Cruz, California. He is a graduate student in the Pacifica Graduate Institutes program in counseling psychology and has his own radio program, *The Dream Zone*, on KSFZ, 90.7 FM in Santa Fe, New Mexico.

Dawn Matheny, M.A., is finishing a Ph.D. in East/West Psychology from the California Institute of Integral Studies. She has long been a student of dreams, done dream groups and a variety of presentations on dreaming. For 17 years, her career involved managing volunteer and intern programs and other duties through a human resource department in county government. Prior to that she ran a domestic violence program.

Shirley McNeal, Ph.D., is a psychologist in private practice who has published and presented papers at national and international conferences in the areas of dreams, clinical hypnosis, and EMDR. She is a co-author, with Claire Frederick, M.D., of the book, *Inner Strengths: Contemporary Psychotherapy and Hypnosis for Ego-strengthening*.

Charles McPhee is an author, Internet publisher and radio show host and creator of the popular *Ask the Dream Doctor* interactive web site (www.dreamdoctor.com), currently the repository of the largest dream database on earth, with over 250,000 submitted dreams. His weekly columns on dreams appear in America Online and on SupaNet.com (UK). He is the author of *Stop Sleeping through Your Dreams* and a new book series, *Ask the Dream Doctor* which will be published beginning summer 2002. McPhee also hosts *The Dream Doctor Radio Show*.

Dominic Melendrez, PSG.T., is a Polysomnography Technician who has worked as a sleep researcher for more than three years, during which time he has specialized in conducting sleep tests on trauma survivors with PTSD, and teaching them how to airway breathing devices to improve their sleep.

Jacques Montangero, Ph.D., received his doctorate in psychology at the University of Geneva, Switzerland, and is a professor there. Beside research on the development of time concepts in children, since the 1980s he has been conducting experiments on the cognitive aspects of dreaming in adults. He is author of *Rêve et cognition (Dreams and Cognition)*.

William (Bill) H. Moorcroft, Ph.D., is Professor of Psychology and director of the Luther College Sleep and Dreaming Laboratory in Decorah, Iowa.

Karen Hagerman Muller, Ph.D., is a psychologist in private practice in Hayward, California. She has worked with dreams for nearly 30 years. Her published works on dreams have appeared in *Dream Time* magazine and in *Trauma and Dreams* (edited by Deirdre Barrett, Ph.D.).

Zoe Newman, M.A., M.F.T., is a psychotherapist in Berkeley, where she has been leading dream groups for the last fourteen years. She has presented at previous ASD conferences, published in *Psychological Perspectives* and other journals, and authored a book entitled *Lucid Waking: Bringing Dream Work Approaches to Waking Life*.

James F. Pagel, M.D., is an Associate Clinical Professor at the University of Colorado Medical School, director of the Rocky Mountain Sleep Disorders Center, Sleep Disorders Center of Southern Colorado and Penrose/St. Francis Sleep Laboratory, and 1998–2000 Dream Section chairman of the American Academy of Sleep Medicine. He has authored more than 40 papers on sleep and dreaming including: "The definition of dream," "Dream effects on waking behavior," "Dreaming and creativity," "Drug effects on dreaming" and "Non-dreaming."

Wendy Pannier has worked with Dr. Montague Ullman since the early 1980s. She publishes a quarterly newsletter, *Dream Appreciation*, with him, which is based on his group process. She has spoken about dreams and led dream groups for diverse audiences, including staff at a Veterans Hospital, cancer survivors at Wellness Communities, and members of the Swedish Dream Group Forum at workshops in Sweden and Bali.

Martha Peacock is a Ph.D. candidate in Mythological Studies at Pacifica Graduate Institute. In addition to her mythological pursuits, she is a teacher and student of dream images, and a freelance writer and lecturer focusing on phenomenological and archetypal patterns of the unconscious. Martha resides in Tampa, Florida.

Gina Pearlin, C.H.T., teaches vocational training programs in Dreamwork and Hypnotherapy at Twin Lakes College of the Healing Arts in Santa Cruz, California, and has been facilitating dreamwork for groups and individuals since 1992.

Cynthia Pearson, co-author of *The Practical Psychic* and *Parting Company: Understanding the Loss of a Loved One*, presides over Dreamjournalist.com, "A Web Site for People Who Write Down Their Dreams." At past ASD conferences, she has chaired Long Term Journal Keeping panels and given papers on extended synchronicities and precognition.

Leslie D. Perkins, M.A., is a dreamworker in private practice, and a teaching associate and apprentice with Jeremy Taylor. She has an M.A. in Transpersonal Psychology and a Certificate in Creative Expression from the Institute of Transpersonal Psychology. She is working toward her D. Min. degree at the University of Creation Spirituality.

Steven E. Pilgram, M.A., holds a B.A. and an M.A. in Psychology from the University of Nevada, Las Vegas. He currently works as a counselor with high risk youths (ages 16 to 18) in an Independent Living Program in Las Vegas. He has been an adjunct faculty member with the Community College of Southern Nevada since 1983 where he developed and has continually taught a class on the psychology of dreams.

Peter Plessas, M.A., has led groups in Boston and Santa Cruz. Holding a master's degree in counseling psychology, he is currently working on his doctoral dissertation, entitled "A Twist of Hair: Re-visioning the Dionysian Archetype of Stage" at Pacifica Graduate School. Peter is active in the queer community in San Francisco, is a published poet, visionary and healing practitioner.

Sara Ridberg, a graduate of the University of Rochester in New York, is an actress, educator, writer and American Sign Language interpreter. She has toured nationally and internationally with the National Theatre of the Deaf as an actress and workshop leader and has appeared off-Broadway and in regional theaters around the country. Her work with dreams began as a personal exploration three years ago and developed further after attending last year's ASD conference. She is also involved in a dream group in New York City.

Richard Russo, M.A., is currently vice president of ASD. He is an author and editor who lives in Berkeley. He has published articles and short stories and edited two literary anthologies as well as a collection of dream texts and articles, *Dreams Are Wiser than Men*. He is chairperson of the ASD Arts Committee, arts chair for the 2001 ASD conference and senior editor of *Dream Time* magazine.

Michael Schredl, Ph.D., is employed at the Sleep Laboratory, Central Institute of Mental Health, Mannheim, Germany. Since 1990 he has worked in the field of dream research.

Brant Secunda is a shaman, healer and ceremonial leader in the Huichol Indian tradition of Mexico. Since 1979 he has been the director of the Dance of the Deer Foundation, Center for Shamanic Studies. He is an internationally recognized shaman and healer. A leader of seminars and retreats worldwide, his work has been documented on television, radio, and in articles and books throughout the United States and Europe.

Alan Siegel, Ph.D., an ASD past president and editor-in-chief of *Dream Time* magazine, is Assistant Clinical Professor, University of California, Berkeley, Department of Psychology, and teaches and supervises dream-oriented research at the California School of Professional Psychology. He practices psychotherapy and psychological assessment in Berkeley and San Francisco and is the author of *Dreams That Can Change Your Life*, and co-author of *Dreamcatching: Every Parents Guide to Exploring and Understanding Children's Dreams and Nightmares*.

Charles Stewart, D.Phil., is Reader in Social Anthropology at University College London specializing in the anthropology of Greece. He is the author of *Demons and the Devil*, a study of local religion in Greece. He is currently writing a book about dreaming in Greece that combines historical and anthropological data.

Bonnelle Lewis Strickling, M.A., Ph.D., R.C.C., is a Jungian psychotherapist in private practice; Senior Spiritual director of the Cathedral Centre for Spiritual Direction (Christ Church Cathedral, Anglican); an instructor in philosophy and classical studies at Langara College; and a clinical associate in the Department of Psychology at Simon Fraser University. She is also an ASD board member and chair of the education committee.

Gloria Sturzenacker is a journalist, designer, and teacher. She's developed a symbol system, Inner Guide Mapping, to track the multi-

layered interaction of dreams and intuition with external experience. At last year's conference, she presented a paper on "Long-Term Coherence as a Growth Tip of Human Evolution."

Kathleen Sullivan is the author of *Recurring Dreams; A Journey to Wholeness and Dream Cereal; Case Studies of Recurring Dreams* (working title), to be published autumn 2001. For nine years she has hosted *Dreams, Another Way of Knowing* on KAZU Public Radio and has a private dream practice (since 1981) in the Monterey Bay area.

Rev. Jeremy Taylor, D.Min., S.Th.D. (hon.), is the author of *Dream Work, Where People Fly & Water Runs Up Hill*, and *The Living Labyrinth*. He is an ASD co-founder and past president and popular speaker and workshop leader at ASD conferences.

Veronica Tonay, Ph.D., is an artist and clinical psychologist practicing in Santa Cruz. She is on the psychology faculty of the University of California at Santa Cruz. The author of *The Creative Dreamer: Using Your Dreams to Unlock Your Creativity*, and accompanying workbook, she has worked with dreams and dreamers for over 15 years. Her research and writing have been featured in local and national media, including NPR's Weekend Edition. Dr. Tonay has assisted or hosted ASD conferences at U.C. Santa Cruz in 1988, 1992, and 1999. She is the host of this year's conference and on the board of directors of ASD.

Katja Valli is a Ph.D. student at the University of Turku, Finland. She is currently preparing her dissertation, "Testing the Threat Simulation Theory of Dreaming-Empirical Approach" under the supervision of Dr. Antti Revonsuo.

Robert Van de Castle, Ph.D., is Professor Emeritus of the Health Sciences Center at the University of Virginia. He is a former president of ASD (1985-6), and a former president of the Parapsychological Association (1970). He is co-author with Calvin Hall of the dream classic *The Content Analysis of Dreams*, the author of *Our Dreaming Mind*, and consulting editor of the SUNY Press Series on Dreams.

Maria Volchenko, Ph.D., received her doctoral degree in Philosophy and Logic. She is a dream practitioner and teacher, artist, poet, author of the book *Prisoners of Dreams*, a member of Tos-Deer (the Russian Federation Central Religious Organization of Tuvan Shamans), and an ASD member.

Robert Waggoner graduated from Drake University with a B.A. (summa cum laude) in psychology. An ASD member since 1995, he has been published in the *Dream Network Journal* and *The Lucid Dream Exchange* (which he co-edits). A lucid dreamer since 1975, he participates in and speaks on lucid dream research.

Craig Sym Webb is director of the non-profit DREAMS Foundation (<http://www.dreams.ca/>), has appeared in/on The Discovery Channel, AOL, CTV, as well as numerous magazines, newspapers, and other mass media. He is an author and researcher who has logged roughly 1000 lucid dreams. Craig is also a physicist, performing/recording artist, bio-medical design engineer, canoe guide, and contributing editor for *Magical Blend* magazine.

Lee Weiser, Ph.D., holds a doctorate in clinical psychology and works as a psychotherapist in a private practice in Santa Barbara. She uses

dreamwork as a clinical tool to help the client establish a relationship with unconscious psychological process.

Bernard Welt, Ph.D., is Professor of Academic Studies at the Corcoran College of Art and Design, in Washington DC, and the author of *Mythomania: Fantasies, Fables, and Sheer Lies in Contemporary American Popular Art*. He has taught an interdisciplinary course on dreaming for 15 years at the Corcoran College of Art and Design.

Gregory White, Ph.D., is both a clinical and social psychologist with interests in Jungian theory, hypnosis, sleep and dreaming, emotion, and interpersonal relationships. He currently directs the M.A. program in Counseling Psychology at the Redding Academic Center of National University and has a private practice in Jungian psychotherapy and clinical health psychology.

Jane White-Lewis, Ph.D., is a Jungian analyst practicing in Guilford, Connecticut. In addition to her analytic practice, she teaches a course on dreams in a New Haven high school. Jane has served as an ASD board member, vice-president, and chair of the board, and is currently president of ASD.

Richard Catlett Wilkerson, M.A., is a world-renowned pioneer in cyberdreaming. He is a Bay Area dream educator with a background in counseling adolescents. He has been developing dream sharing and educational programs on the Internet since 1993. He is the publisher for *Electric Dreams*, director of DreamGate, and Web Manager for the Association for the Study of Dreams.

Ann Sayre Wiseman, M.A., is a painter, teacher, psychotherapist, mother of two sons, and author of ten books on *Making Things* and the creative process, two books on *Creative Dreaming* and *Nightmare Help*, and several sketch journals from her travels. For 13 years she was adjunct faculty at Lesley College, and previously, program director for the Boston Children's Museum in Jamaica Plain. Presently Ann conducts workshops here and abroad.

Betsy Wood, M.S., has painted 150 dream paintings, many with poems. She has exhibited in three one-person shows and two dream art shows, and has shared paintings with dozens of groups. She is in an ongoing dream group (ten years), and is a teaching associate with Jeremy Taylor (four years).

Antonio Zadra, Ph.D., is at the psychology department of the University of Montreal, and researches into nightmares. His research interests include quantitative EEG methods, recurrent dreams, nightmares, and parasomnias. He organized the Hot-Off-the-Press presentations for the 2001 conference and is a member of the ASD board of directors.

Marco Zanasi, M.D., is a neurologist, psychiatrist and Jungian analyst, as well as a member of the International Association of Analytical Psychology. He is a Group Analyst and Research Professor at "Tor Vergata" Rome University. For ten years he has studied the correlations between dream images and psychopathology using Textual Analysis Software.



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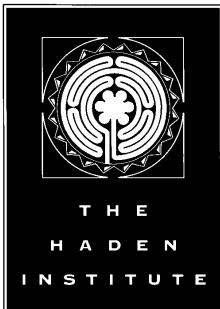


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James Hollis is Director of the C.G. Jung Center of Houston, TX, a Jungian Analyst in private practice, and a graduate of the C.G. Jung Institute of Zurich. He has authored 50 books and articles.



Diana McKendree, Jungian-oriented psychotherapist, Anamcara (soul friend and guide), process consultant, lecturer, working extensively in England, Canada, and the United States.



Keith Parker is an ordained Baptist minister and Jungian analyst in private practice in Switzerland and America trained at the C.G. Jung Institute in Zurich.



Jeremy Taylor is Past President of the Association for the Study of Dreams, a thirty-year teacher of the Dream in church and community, Unitarian minister, and author of several books on dreams.



Ann Ulanov is Professor of Psychiatry and Religion at Union Theological Seminary, New York, Training Analyst at the New York C.G. Jung Center, Author of a multitude of books.



Robert Bosnak is a Jungian Analyst trained at the C.G. Jung Institute in Zurich. He is founder of the *Cyberdreamwork Movement* and author of several books on dreams.

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